

SBCN NEWS LETTER

QUATERLY NEWS LETTER OF SBCN

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FROM HORMONES TO HEALING: NAVIGATING MENOPAUSE AND CANCER TOGETHER

DATE: 8.10.25



**SREE BALAJI
COLLEGE OF NURSING**
No.7, Works Road, Chrompet, Chennai-44
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

**WORKSHOP ON
"FROM HORMONES TO HEALING:
NAVIGATING MENOPAUSE
AND
CANCER TOGETHER"**

SPEAKER
Dr. HARINEE PRIYA, M.D., PHYSICIAN
SENIOR MEDICAL OFFICER
SRINGERI SHARADA EQUITAS HOSPITAL,
CHENNAI

DATE: 08.10.2025,
VENUE: T. R RAMAN HALL , SBMCH

**ORGANIZED BY:
DEPARTMENT OF
COMMUNITY HEALTH NURSING**

Community health nursing department conducted workshop on topic of ***"FROM HORMONES TO HEALING: NAVIGATING MENOPAUSE AND CANCER TOGETHER"*** on 8.10.25



LIGHTENING THE KUTHUVILAKKU

The programme started with inaugural. The resource person is DR. Harinee priya MD physician, senior medical hospital sringeri Sharadha Equitas hospital.

HONOURING THE DIGNITARIES





UNFOLDING THE THEME



Dr. Vijayalakshmi , Department of Community Health Nursing stated unfolding the theme.

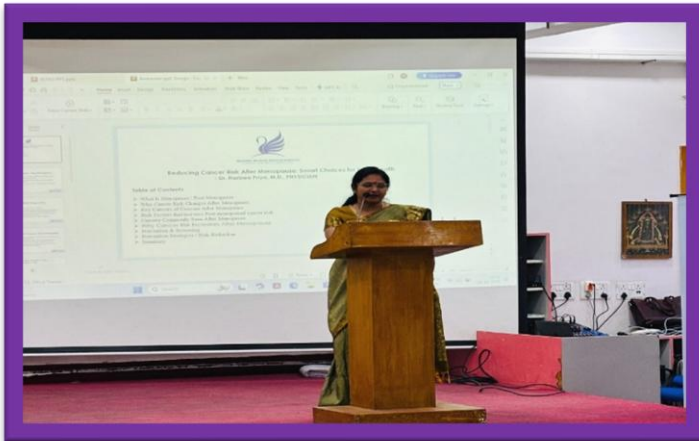


Welcome speech by Prof. Mrs. Dhanalakshmi

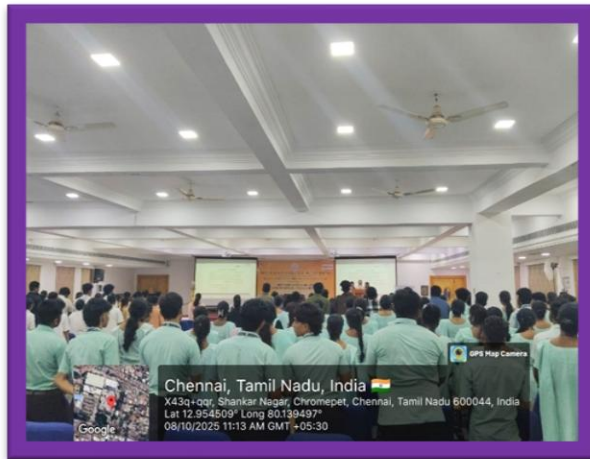


Introduction about the speaker recited by Professor V.Yashoda , Department of Community Health Nursing

PLENARY SESSION



Dr.Harinee priya shared her thoughts and knowledge



DISTRIBUTION OF CERTIFICATES



VOTE OF THANKS



Professor S.Uma maheswari ,Department of Community Health Nursing rendered vote of thanks.



ORGANIZING COMMITTEE



The intellectually Enriching Workshop was concluded with national anthem.



CAMPUS INTERVIEW

APOLLO- HOME HEALTH CARE

DATE: 10.10.2025

TIME: 2:00 – 4:00 PM

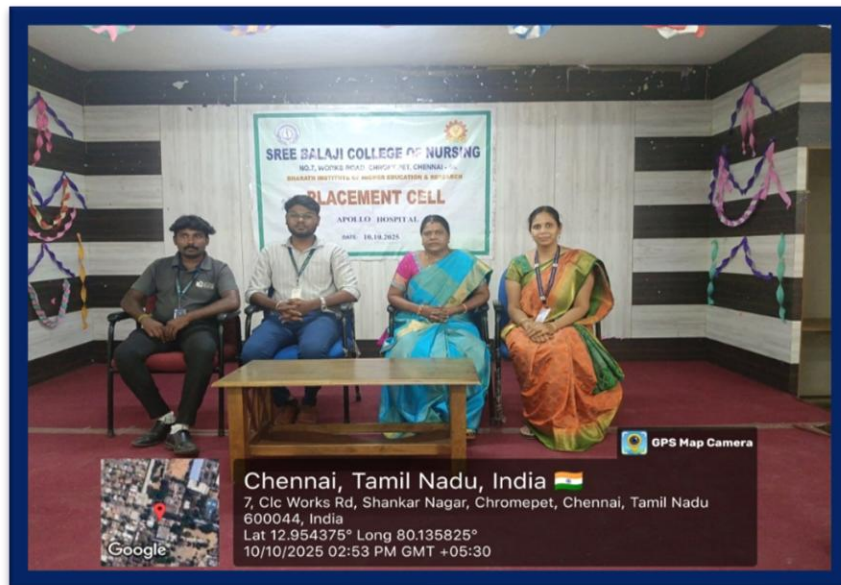
VENUE: SREE BALAJI NURSING COLLEGE, ADITORIUM.

INTRODUCTION:

Apollo Home Care provide comprehensive health care solutions in Chennai, that involve therapy sessions, doctor visits, nursing care, sample collection, senior care, medical equipment supply, at-home vaccinations, and rehabilitation programs.

Our dedicated team is here to assist you or a loved one whenever you require compassionate support with regular activities, personal care, mobility aid, or home safety. We provide personalised care programs that are intended to improve independence, comfort, and dignity. We are dedicated to make life at home safer, simpler, and more pleasing, whether that means providing companionship, medication reminders, post-hospital recovery support, or professionals care for ongoing medical conditions.

Feel free to reach out to us for more information and to arrange a consultation.



MISSION:

Our mission is to provide compassionate, high-quality critical care while prioritizing your comfort, pleasure, and well-being. With ICU at Home, you or your loved one can recover safely, with dignity, and without compromising medical expertise.

ABOUT AOPPO HOME CARE:

Home setup is a facility where our family member who is ill or in a critical situation can get hospital-like treatment at home. These setups are designed keeping the patients in mind, where advanced and critical facilities and equipment are served at home. Here high-quality equipment is provided by high quality professionals to your family member in home environment with loved ones at home. These setups include state-of-the-art medical equipment like ventilators, monitors, infusion pumps and much more.

Apollo homecare is known for its blend of expertise, care, and trust, offering a unique and reliable Long Term-care experience.



SERVICES:

Recovery after hospitalization: When the patient needs long-term care after being discharged.

Chronic conditions: For managing long-term illnesses that require constant monitoring.

- **Palliative care:** Providing comfort and care to critically ill patients.
- **Infection control:** Reducing the risk of hospital-acquired infections by staying in the controlled environment of home.
- **Patient preference:** For people who want to avoid long-term hospital stays and prefer a personalized care experience.
- **Advanced Equipment:** Equipment that includes ventilators, oxygen concentrators, defibrillators, patient monitors, and more.
- **Skilled Medical Staff:** We provide certified nurses and doctors who are trained in critical care management.
- **24/7 Monitoring:** Round-the-clock monitoring to ensure patient safety and timely intervention.
- **Customized Care Plans:** Therapies are created based on your needs and preferences.
- **Emergency Support:** Our quick response in case of any complications.



Easily book pathology tests and diagnostic services to manage your health needs from the comfort of your home or nearby facility.

Our dedicated caregivers are here to provide quality, personalized long-term care to ensure you or your loved ones feel supported and comfortable at every stage of care.

Apollo HomeCare, a division of Apollo Hospitals in India, brings world class healthcare home to families across India.



1. APOLLO ICU SET- UP AT HOME:

Medical equipment is included in ICU at Home

Depending on the patient's needs, we provide ventilators, oxygen concentrators, cardiac monitors, infusion pumps, suction machines, nebulizers, and BiPAP/CPAP machines.

Type of medical staff will be available

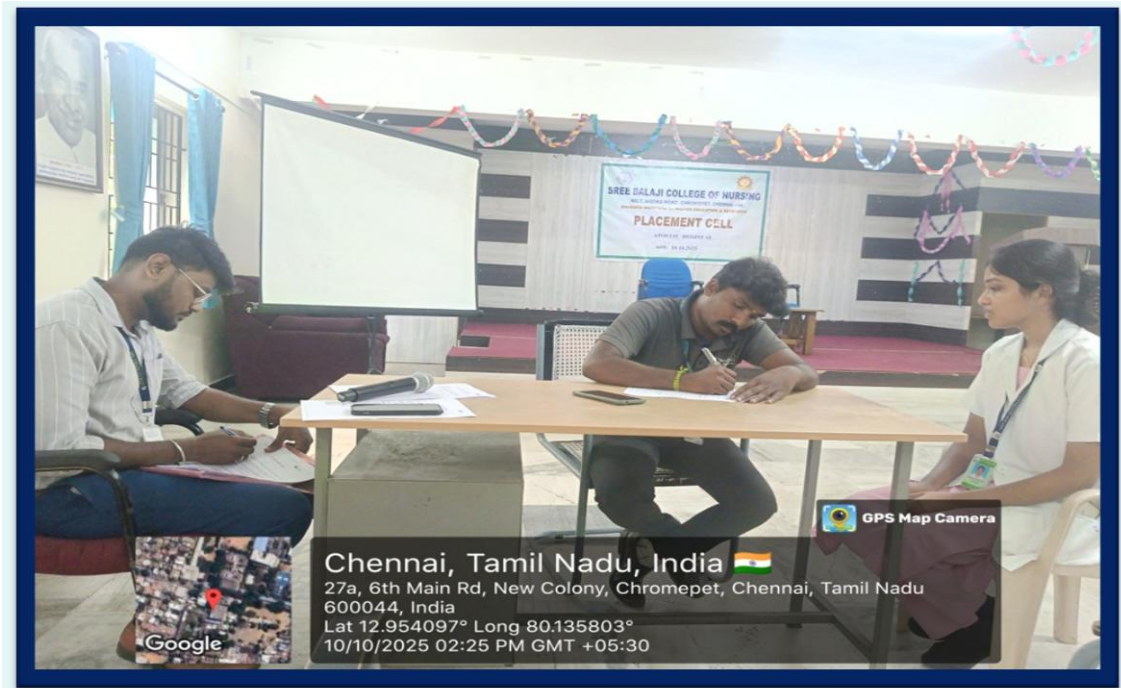
Our ICU at Home service includes trained ICU nurses, physiotherapists (if required), on-call doctors for regular check-ups and emergencies, and support staff for equipment handling and setup.

Ensure the quality of care at home

We maintain high-quality care through skilled and certified healthcare professionals, advanced medical equipment for monitoring and treatment, regular visits by doctors to evaluate progress, and telemedicine support for real-time consultation.

2. Apollo Nurse at Home - A Lifeline for Modern Life

In today's fast-paced world, the concept of "Nurse at home" holds unique significance. Apollo serves as a bridge between professional medical care and the comfort of one's home, ensuring that patients receive compassionate, personalized, and reliable care tailored to their needs.



Why is it important

The demand for home nursing services is on the rise nowadays due to the patient-centricity, the ageing population and the growing preference for the convenience of treatment in familiar surroundings. Apollo Home care nurses play a vital role in reducing hospital visits, enabling quicker recovery and promoting mental and emotional well-being. Apollo provide the kind of care that goes beyond medical treatment – support that nourishes the soul and uplifts the mind.

What do Apollo provide

Our highly skilled nurses deliver a wide range of services, including:

- Post-surgical care
- Chronic disease management
- Elderly care
- Paediatric care
- Palliative support
- Medication administration and monitoring

When do you need Them

Apollo Home nursing services are necessary when:

- Patients are recovering from surgery or illness.
- Chronic conditions require ongoing care.
- Elderly family members need assistance with daily activities.

- Families want professional yet heartfelt care for their loved ones who are seriously ill.

Our Specialist Nurses: A Class Apart

- What sets our Apollo nurses apart isn't just their medical expertise, but also their warm, compassionate approach. They don't just care; they build a relationship that makes patients and their families feel understood and supported. Apollo Nurses' demeanour is professional yet familiar, making everyone feel comfortable and valued.
- Our Apollo nurses exhibit qualities such as compassion, patience and dedication, making them trusted companions on your journey of recovery and wellness. They are trained to respect cultural sensitivities, provide emotional support and heartfelt care.
- Nurse at Home: Because healing happens best where the heart feels at home



3. Trained Attendant at Home

A trained attendant at home is a professional caregiver who provides non-medical support to patients in the comfort of their homes. These attendants are skilled in assisting with daily activities such as bathing, dressing, feeding, and mobility support. They also help with maintaining personal hygiene, administering prescribed medications, and ensuring a clean and safe environment for the patient. Unlike nurses, trained attendants do not perform medical procedures but focus on improving the overall quality of life. Their services are beneficial for elderly individuals, people recovering from surgeries, and patients with chronic illnesses. By offering personalized care, trained attendants allow patients to remain in their familiar surroundings. They work under the supervision of medical professionals and follow specific care plans tailored to the patient's needs.

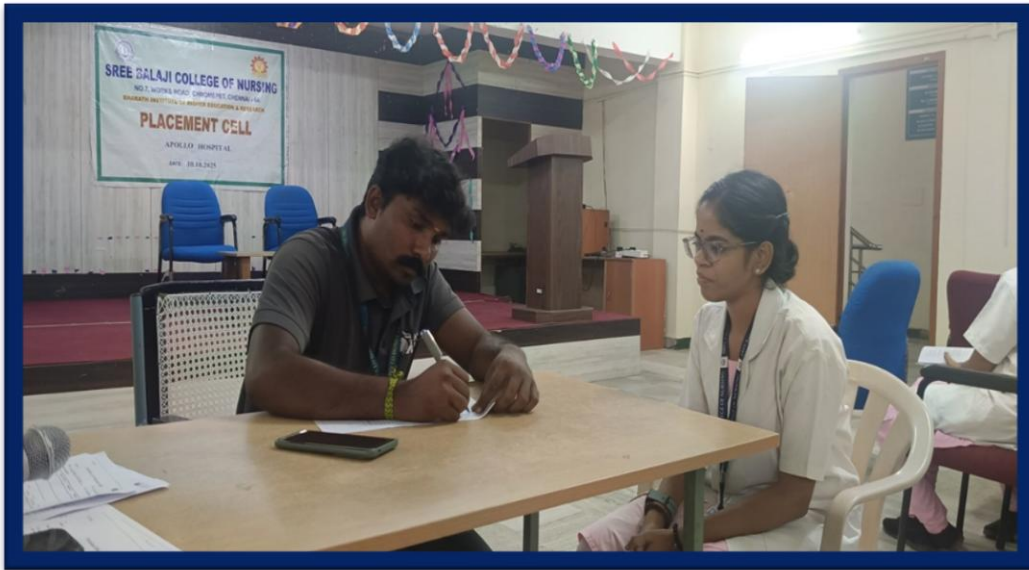


Who Needs a Trained Attendant at Home

Trained attendants at home are ideal for individuals who require assistance with their daily routines due to age, illness, or disability. Elderly individuals who have difficulty moving around or performing basic activities benefit greatly from these services. Patients recovering from surgery, injuries, or serious illnesses often need help with mobility, medication reminders, and hygiene maintenance. People with chronic conditions such as Parkinson's, dementia, or paralysis require continuous support to manage their daily lives safely. Bedridden patients also need trained attendants for positioning, feeding, and personal care. Additionally, families who have busy schedules and cannot provide full-time care for their loved ones rely on professional attendants for peace of mind.

How Are Apollo's Nurses Different

Apollo's nurses are identified by their in-depth education, medical knowledge, and caring commitment to patient care. They are highly skilled medical professionals that have received training in managing critical care, chronic illnesses, and post-surgical recovery, among other difficult medical problems. Apollo's nurses are capable of doing medical procedures such wound dressing and injections, monitoring vital signs, and administering drugs, unlike regular attendants. Apollo's hospital network supports them, guaranteeing that patients receive top-notch care that follows to strict medical standards. In order to keep up with the most recent developments in medicine, the nurses also receive ongoing training. They are a reliable option for in-home healthcare because of their professionalism and experience.



How Can We Get a Professional Attendant at Home

Apollo provides a simple and easy to have a professional attendant come to your house. You can get in touch with Apollo Homecare services by visiting your nearest Apollo hospital, visiting their customer service hotline, or using their website. Based on your needs and the patient's condition, the team will suggest a qualified caregiver. To ascertain the degree of care required, a consultation with medical specialists may be scheduled. After everything is finalized, the patient is allocated to the trained attendant, who then starts to help them at home. To accommodate different demands, flexible service alternatives are offered, such as hourly, daily, and long-term care plans.

Are Expert Attendants Affordable

The time frame of service, the degree of care needed, and the location all affect how much it costs to hire a skilled attendant at home. Apollo Homecare offers competitive prices with numerous packages to fit different budgets. Compared to full-time or specialized care services, short-term and part-time care options are less expensive. Although employing a skilled attendant could seem like an extra cost, it is a wise investment to guarantee the patient's comfort and well-being. When compared to hospital stays or assisted living facilities, many families find the services to be more affordable. Apollo guarantees affordability and high-quality treatment by offering clear pricing with no hidden fees.



Apollo for Home Care Services

Apollo Homecare services are known for their reliability, professionalism, and commitment to patient well-being. The brand has decades of experience in the healthcare industry and follows strict quality control measures. Apollo ensures that all attendants and nurses are well-trained, background-verified, and experienced in handling patients with various medical needs. Their home care services are customized to match individual patient requirements, ensuring personalized attention. With Apollo's support, families can be assured that their loved ones receive care from qualified professionals in a safe and familiar environment. The availability of round-the-clock assistance, emergency support, and a holistic approach to healthcare makes Apollo a preferred choice for home care.

4. Mother And Baby Care

Our Apollo mother and baby care services involve providing professional support to ensure the health, safety and well-being of both mother and baby during the parental, postnatal and infant stages. This includes medical help, emotional support, guidance on nutrition and assistance with baby care practices. Apollo have skilled and experienced nurses who are trained to provide love and care to babies and mothers, teach them how to handle the newborn and the mother and also train the mother on how to care for the baby.

How to Care for a Newborn Baby and Mother

What Does a Newborn Baby Need? Basic Requirements:

- Use sterilized feeding bottles, clean clothes, and fresh diapers.

- Regular breastfeeding or formula feeding as advised by the doctor.
- Gentle baby baths and ensuring the umbilical cord stays dry.
- Maintain hydration and avoid overheating during summer.
- Dress them in light, breathable clothes in hot weather.
- Keep babies warm in winter but avoid overheating with too many layers.
- Use a humidifier to prevent dry air discomfort in winter.

What does a mother need?

- After giving birth to a child, the mother also needs to pay special attention to her diet. The mother should include those items in her diet that are nutritious:
- A balanced diet rich in protein, calcium and iron, which helps in breastfeeding and recovery.
- Hydration is very important to overcome weakness after delivery - for this, consume plenty of fluids like water, milk and soup. Include seasonal fruits, vegetables, whole grains and healthy fats in your diet.
- Emotional support: Encourage yourself to rest and relax from the fatigue and stress after delivery.
- Provide counselling or mental health support if needed.
- Postpartum recovery care: Regular gynaecologist checkups. Physical exercises should be done to strengthen the body, for which you will be guided by your physician.

When do you need Apollo's this service?

- After delivery, during the postnatal recovery period.
- If you're a first-time parent seeking expert guidance.
- When the mother or baby needs special medical attention or personalized care.
- For support in managing the baby's feeding, sleep, and hygiene routines.

Our Apollo Features

- Trained and experienced nurses: Compassionate and skilled nurses who provide round-the-clock care at home.
- Gynaecologist consultations: Regular visits or consultations with specialists to monitor the health of the mother and baby.
- Customized care plans: Personalized care routines based on individual health conditions and family preferences.

- Newborn-specific expertise: Assistance with feeding, diapering, bathing, and soothing the baby.
- Nurses who provide love and affection like grandmothers, guiding you on baby massage, bathing, holding techniques to prevent crying, nail cutting, and ensuring the newborn's comfort.



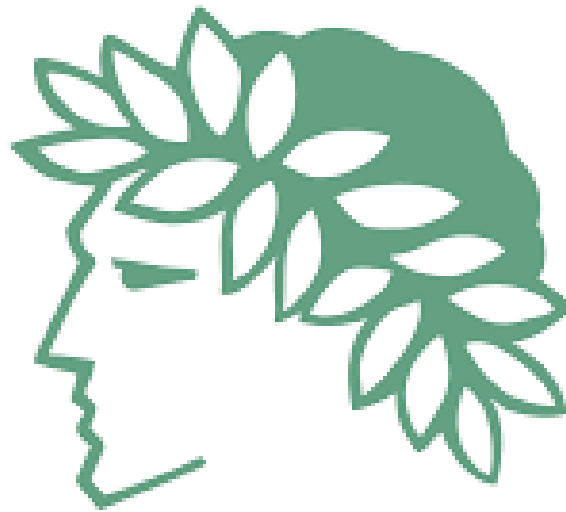
How Apollo support you at home

- **Apollo Home Nursing Services:**Our nurses assist mothers in all aspects of newborn care, postpartum recovery, and feeding routines.
- **Medical Monitoring:**Monitoring vital signs of mother and baby to ensure their best possible health.
- **Parent Education:**Teaching both parents safe ways to handle a newborn, breastfeeding techniques, and postpartum care tips.
- **Emotional Comfort:**Providing compassionate, safe, and patient-centered care to make the transition to parenthood smooth and easy.
- **Flexibility:**Care plans can be adjusted to meet the changing needs of the patient.

Apollo Home Care Strives:

- Certified and experienced staff who provide a loving and family-friendly service to mother and newborn.

- Holistic care for both mother and baby including diet, safety, hygiene, relaxation techniques, baby massages, feeding, and mother exercise.
- On-call gynaecologist consultation for expert advice when needed.
- Customized support to meet your family's unique needs.
- 24/7 consultation and advice available.
- Nurse facility at home when needed.



APOLLO
HOME HEALTHCARE

POLIO VACCINATION CAMP

DATE: 12/10/2025 TO 13/10/2025

VENUE: PALLAVARAM, PHC

BENEFICIARIES: UNDER FIVE YEAR CHILDREN



INTRODUCTION

The POLIO VACCINATION CAMP was organized with the aim of immunizing under-five year children against the polio virus, which causes paralysis and can lead to death in severe cases. The camp played a crucial role in preventing the spread of polio and contributing to the global effort towards its eradication.

Through such camps, vaccines reach vulnerable populations, especially in areas with limited health care access. By conducting such camps in the community, healthcare workers ensure that every child is protected and no one is left behind. The initiative is supported globally by organizations such as WHO, UNICEF and Rotary International and locally by the GOVERNMENT OF TAMILNADU with the support of SREE BALAJI COLLEGE OF NURSING student volunteers.

The Main Objectives Of Organizing The Pulse Polio Camp At Pallavaram PHC were to ensure that all children under five years age in the community received the oral polio vaccine and were protected against poliomyelitis, a potentially crippling disease. The camp aimed to increase among parents and caregivers about the importance of timely immunization and the need to complete the vaccination schedule. Through these objectives, the camp contributed to the broader goal of achieving a polio-free society while strengthening community trust in preventive healthcare programs.

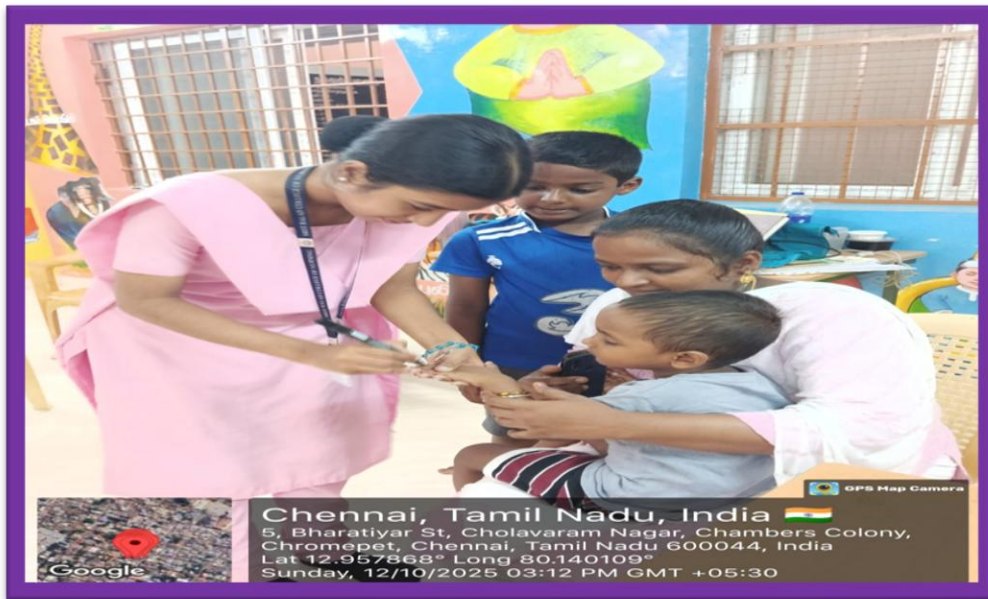
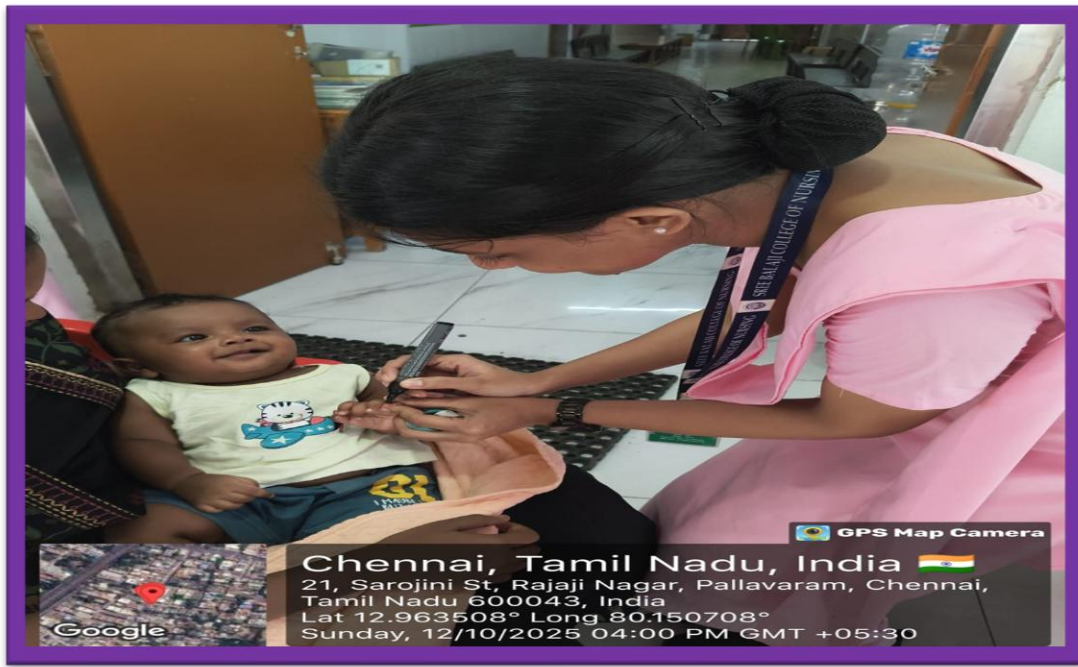
CAMP ORGANIZATION

This was organized under the guidance of the local medical officer in collaboration with nursing students and healthcare staffs. Careful planning was carried out to ensure smooth execution, including mobilization of vaccines, and arrangement of vaccination area. Responsibilities were assigned to each team member, with nursing students assisting in registration, vaccine administration, and health education, while the staff monitored compliance with safety and hygiene protocols. Community awareness campaigns were conducted prior to the camp to ensure maximum participation and door-to-door visits were made to reach children who could not attend the centre, ensuring comprehensive coverage and effective immunization of target population.

VENUE SETUP

The vaccination camps were setup in easily accessible location within PALLAVARAM and CHROMPET. Teams also provided door-to-door vaccination services to ensure no child was missed. The campaign so enthusiastic participation from both the community and healthcare workers, achieving excellent coverage and spreading awareness on the importance of immunization.





VACCINATION ADMINISTRATION

The Oral Polio Vaccine [OPV] was administered to all eligible children as per national guidelines. Each child received two drops of vaccine, and marks were on the finger for record-keeping. Teams also educated parents on follow-up doses and hygiene practices.

PALLAVARAM

DAY: IAT CENTER

A Total of ten vaccination centres were active. Approximately 85% coverage was achieved, reflecting strong community cooperation and commitment to public health.





DAY: 2 AT DOOR STEP





The NATIONAL PULCE POLIO CAMP successfully achieved its aim of protecting children under five from polio virus in the PALLAVARAM and CHROMPET areas. The camp approved valuable learning and field experience for nursing students, who actively participated in health education, vaccine delivery and record maintenance.

This initiative highlighted the power of team work and community involvement in disease prevention. Continued efforts, regular vaccination drives, and awareness campaigns are essential until the world is completely free from polio

VADATHAVOOR

INTRODUCTION:

Vadathavoor is a village in the uthiramerur taluk of the kancheepuram district in tamilnadu with a total population of 838 as of the 2025 census.



SURVEY:

A survey conducted oneday among students of Sree Balaji College Of Nursing ,B.sc , IV year. along with equitas initiative trust.the survey carried out on **18/10/2025** by a group of final year students from the department of community health nursing.



SEED DISTRIBUTION TO STUDENTS



SURVEY CONDUCTED BY STUDENTS





SURVEY CONDUCTED BY ORGANIZATION MEMBERS







COLLECTING DATA FROM COMMUNITY AREA



Two Registered Nurses Elected by Registered Nurse and one Registered Midwife elected by the Registered Midwives”

Dr. V.Hemavathy Principal from Sree Balaji College of Nursing has been elected as a Registered Nurse member under “ Two Registered Nurses Elected by Registered Nurse and one Registered Midwife elected by the Registered Midwives” constituency to the council effect from **27/10/2025** under section Section 3 (1) of Tamilnadu Nurses and Midwives Act III of 1926.

	TAMIL NADU NURSES AND MIDWIVES COUNCIL (Constituted Under Tamil Nadu Act III & XXVI of 1926 & 1960) Jayaprakash Narayanan Maligai, Old No.140, New No.56, Santhome High Road (Near Santhome Church), Mylapore, Chennai – 600 004, Tel:044-46786539, Web:www.tamilnadunursingcouncil.com E-mail:info@tamilnadunursingcouncil.com <small>All communications to be addressed to the 'Registrar' and not by Name</small>
Ref.No.288/NC/2025	29/10/2025
To Ms.Hema Vathy .V Principal, Sree Balaji College of Nursing, Chrompet, Chennai-44	
Sir/Madam,	
Sub : Result of election conducted for the Constituency under 3 (1)(h) of “Two Registered Nurses elected by the Registered Nurses and one Registered Midwife elected by the Registered Midwives” – Reg. *****	
We are happy to inform you that you have been elected as a Registered Nurse member under “Two Registered Nurses elected by the Registered Nurses and one Registered Midwife elected by the Registered Midwives” Constituency to the Council with effect from 27/10/2025 under Section 3 (1)(h) of the Tamilnadu Nurses and Midwives Act III of 1926.	
You are requested to attend the General Body Meetings of the Council whenever notified.	
The term of membership will be for a period of three years with effect from 27/10/2025 to 26.10.2028. The members of the Council will be paid sitting fee and TA for out station members. The Council meets twice or thrice in a year and the member elected has to attend the meetings.	
The receipt of the letter may be acknowledged.	
/np	Yours faithfully,  REGISTRAR cum RETURNING OFFICER



The term of membership will be for a period of three years with effect from *27/10/2025 to 26/10/2025.*

NATIONAL UNITY DAY – RALLY

Date: 31st October 2025

**Event: National Unity Day (Rashtriya Ekta Diwas) Rally Organized by:
Sree Balaji College of Nursing, NSSUNITChromepet**

Location: From Tambaram Bus Stand to Tambaram Sanatorium

INTRODUCTION

On 31st October 2025, in commemoration of National Unity Day marking the birth anniversary of Sardar Vallabhbhai Patel, a rally was organized to promote the message of national unity and integrity.

A total of 150 students from Sree Balaji College of Nursing, Chromepet actively participated in the rally.

Theme For National Unity Day 2025 is expected to be *“Unity in Diversity: One Nation, One Spirit”*, reflecting the shared vision of unity, harmony, and inclusive development.



Dignitaries Present

The rally was supported and monitored by key police officials who ensured smooth and safe conduct.

Name & Designation Department

Mr. Nelson	Assistant Commissioner (AC)
Mr. Bala Murali Sundharan	- Tambaram Sub-Inspector (SI)
Mr. Muthu Mr. Subramaniam	- Crime Branch Officer
Mr. Dhayal	- Chromepet Sup Inspector
Mrs. Sasikala	- Chromepet Crime Branch In-Charge
Mrs. Malini	-Tambaram All Women's Police Station Office

INSTRUCT THE AWARENESS CAMPAIGNS



DISCUSSION



EVENT DESCRIPTION

The rally commenced from Tambaram Bus Stand and proceeded up to Tambaram Sanatorium under the guidance of the police officers. Students raised slogans promoting national unity, peace, and patriotism, spreading awareness on the importance of unity in upholding national integrity.

RALLY





PARTICIPATE TEAM MEMBERS





TAKING PLEGE

Refreshments

At the end of the rally, refreshments including juice and biscuits were provided to all participants.



The National Unity Day rally was a successful and inspiring event. The participation of students, along with the support and guidance from the police officers, made the event meaningful and impactful. It helped spread awareness on national unity and encouraged students to contribute positively to society

was also held in which children came forward with doubts and added many new.






Chennai, Tamil Nadu, India 
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Chennai, Tamil Nadu 600059, India
Lat 12.922424° Long 80.117863°
Tuesday, 04/11/2025 02:18 PM GMT +05:30

 GPS Map Camera



Chennai, Tamil Nadu, India 
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Chennai, Tamil Nadu 600059, India
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Tuesday, 04/11/2025 02:40 PM GMT +05:30

 GPS Map Camera



Chennai, Tamil Nadu, India 

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Chennai, Tamil Nadu, India 

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Chennai, Tamil Nadu 600059, India
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Tuesday, 04/11/2025 02:41 PM GMT +05:30



The programme came to an end with feed back session.

The

LAMP LIGHTING CEREMONY FOR 34TH BATCH OF B. SC (N) I YEAR (2025-2026)

Lamp lighting ceremony was held on **14.11.2025 for 34th batch**, Dean Cum Principal Dr. V.Hemavathy and Staffs was leading the ceremony.



Start the holy lamp lighting ceremony with the lord god almighty who is living in the light. Dean cum principal lighting the lamp followed by staffs



First year coordinator honoured Dean cum principal mam by giving bouquet.



Dean cum principal mam and staffs lighting their lamps ,one by one ...followed by students taken oath for their future profession



Vote Of Thanks Given By Dr.R.Ramani Mam,followed By All,Staffs Taken group photos



FRESHERS'S DAY – 2025-2026

INTRODUCTION

Newness or novelty has been intriguing and fascinating to man since the Neanderthal times. Novelty for us is excitement and exuberance, surprises and science, cheerfulness and joy. Every year when a batch gets out of the college, a new batch steps into the college. And the 34th batch of SREE BALAJI COLLEGE OF NURSING has stepped on. A day for the new ones ***THE FRESHER'S DAY 2025-2026*** was conducted on ***17th November 2025***. The programmes were hosted by B.Sc.(N) II year students.

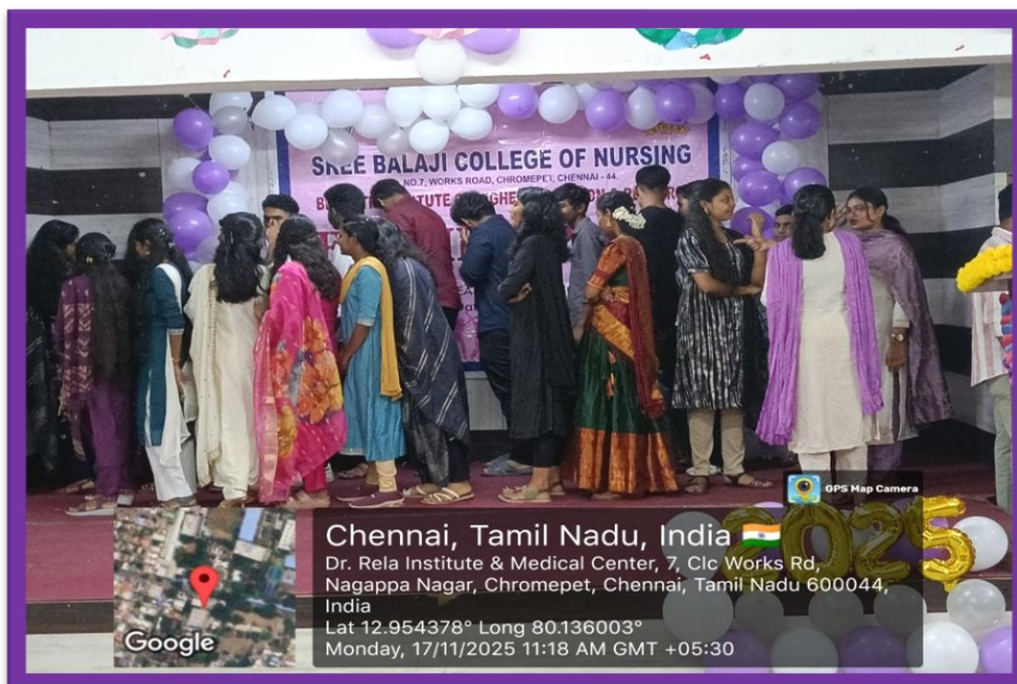
The programmes were started at 10.00 am on November 17th, 2025. The reception members were ready to welcome the dignitaries of the day. Our beloved Principal DR. V Hemavathy and vice Principal was welcomed by our students.

The function started with Tamil thaivazhthu, welcomed all of them with their Welcome Dance by amirtha of Bsc (N) II year and hannah of Bsc (N) II year proposed the welcome speech.

Our respected Principal Dr.V Hemavathy was honoured by pro.vasantha kohila

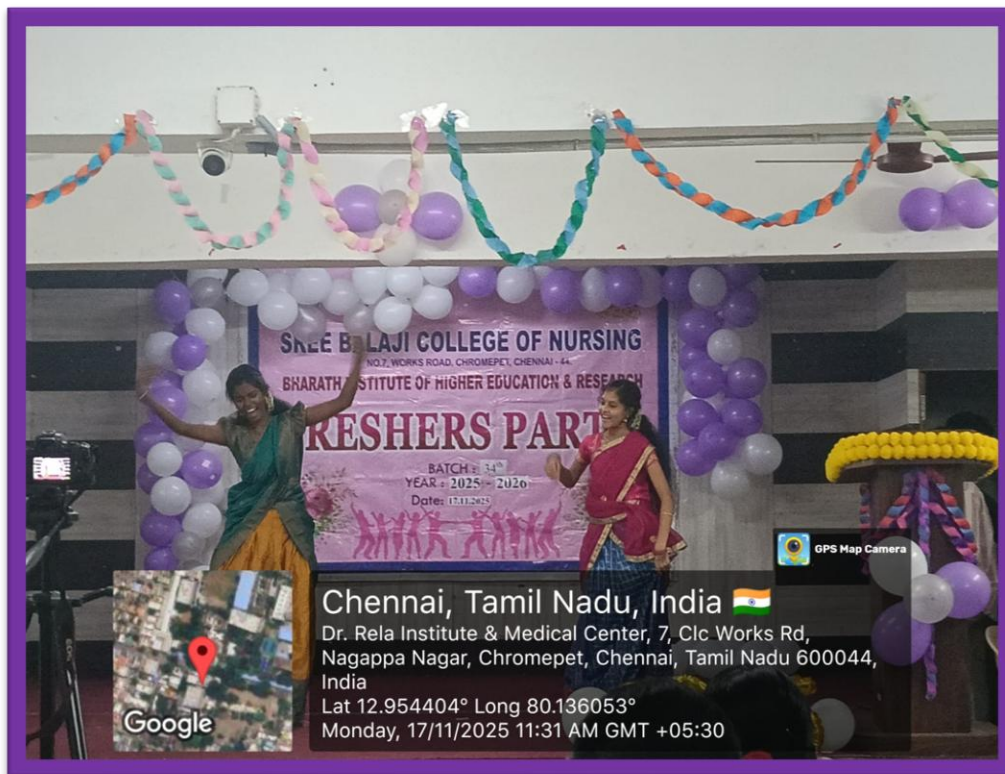


Stage feast was conducted for the first year students to cheer up their mind. All of them enjoyed it wholeheartedly. Varieties of game were arranged by the II year students. At first a head,shoulder,knees and toes and so on.. was conducted. They all performed well.



It was followed by dance by B.Sc. (N) IV year students. It was so lovely that all students enjoyed it greatly. Second stage feast came with the game of wisper out All enjoyed it well.

Then came the Bsc (N) II year students with a stunning performance. It was followed by a group dance of Bsc (N) I year students. That too was graceful.



The programmes ended with vote of thanks proposed by Amal sithara of B.Sc. (N) II year and the National Anthem.

FAREWELL FOR MSC NURSING STUDENTS

Date: 17th October 2025,

Venue: III Floor, Smart Classroom, Sree Balaji College of Nursing.

INTRODUCTION: On 17th October 2025 we conducted a Farewell event for MSC Nursing Graduating batch (2023-2025) in Smart Class III floor of Sree Balaji College of Nursing. The event commenced at 11.00 AM with the rendition of Tamil Thai Vazhthu, invoking a sense of respect for Tamil culture and tradition, followed by all participants standing in reverence. Followed by welcome speech by G M Anuradhaa of MSC Nursing II Year.



FUN ACTIVITIES PART I

We conducted a fun session for MSc Nursing graduating batch which includes:

Guess the teacher voice: This creative and lighthearted game encouraged participant to approach *challenges* with unique thinking. The room filled with laughter and cheers as everyone engaged in fun challenges.



Emoji Game: Participant Miss. Abirami was invited for this game, encouraging of quick thinking.



MEMORY VIDEO FOR MSC NURSING GRADUATING BATCH

A memorable video montage, highlighting key moments and cherished memories of the MSc Nursing batch, was played. It featured photos, videos, and testimonials from both faculty and students, creating an emotional and nostalgic moment for everyone present.

FUN ACTIVITIES PART II

Find the movie: This activity challenged participant to find the movie name by seeing slides on the screen, the participant is Mrs. Shanthi from Graduating batch.

DOING TASK (ASK ME, TASK ME):

This suspenseful activity involved surprise task, with participants of Mr. Baskar, and Miss Mohanapriya. The activity added a sense of curiosity, excitement and fun.

MUSICAL CHAIR:

This Game conducted for all the participants. This game gave an enjoyable movement to our graduating batch.



MOMENTO DISTRIBUTION

Each graduating student received a memento, commemorating their journey and achievements. The mementos were given with heartfelt words of encouragement and best wishes for their future endeavors by our honorable Dean Cum Principal Dr. V. Hemavathy mam. Followed by Winners of the various games and activities were awarded prizes, acknowledging their enthusiasm and sportsmanship throughout the event.



FEEDBACK SESSION:

Miss. Abirami expressed her appreciation and conveyed her sincere gratitude to the institution in her thanks giving speech



VOTE OF THANKS:

A closing Vote of Thanks was delivered by M Rama of MSC Nursing II year expressing gratitude to the faculty, staff, and participants who contributed to making the event memorable. Special thanks were given to the organizers and supporters for their efforts.

The event concluded with the National Anthem, instilling a sense of unity and respect as everyone stood in honor of the nation



CAREER GUIDANCE

KC OVERSEAS - TRINITY ACADEMY

DATE : 27/10/2025

TIMING : 02.30 PM - 03.30 PM

VENUE : AUDITORIUM OF SREE BALAJI COLLEGE OF NURSING

"*KC OVERSEAS - TRINITY ACADEMY*" refers to *KC Overseas Education*, a study abroad consultancy that partnered with **Trinity Academy** for a recent event in August 2025 to promote studying abroad in Ireland. KC Overseas Education is a company that helps students with applications, visa processing, and test preparation for exams like the SAT, GRE, and IELTS. Trinity Academy appears to be a partner or a venue used by KC Overseas for events like this one.



OVERVIEW:

KC Overseas Education was founded by Pankaj Agrawal and Nalini Agrawal in 1998. Pankaj Agrawal currently serves as the CEO, while Nalini Agrawal is a co-founder and director. The company, which started as Krishna Consultants, is now a multinational educational technology company with a global network of offices.

Co-founders: Nalini Agrawal and Pankaj Agrawal

CEO: Pankaj Agrawal

Other Director: Nalini Agrawal

Company: KC Overseas Education (formerly Krishna Consultants)

Founded: 1998

ABOUT KC OVERSEAS EDUCATION

- **Services:** Offers university matching, application guidance, and visa assistance for international studies.
- **Test Preparation:** Provides coaching for standardized tests such as SAT, ACT, GRE, GMAT, and English proficiency tests like PTE and IELTS.
- **University Partnerships:** Has ties with numerous universities across various countries.

ABOUT TRINITY ACADEMY

- **Role:** Served as a host or a partner for a specific event organized by KC Overseas to help students learn about opportunities to study in Ireland.
- **Event:** The event was a collaboration with EduIreland, with the goal of connecting students with Irish universities.

They offer best-in-class services to students for applications and visa processing, provide coaching for essential standardized tests such as SAT, ACT, GRE, GMAT and English Proficiency Tests such as PTE, IELTS, & TOEFL (iBT).



ABOUT TRINITY ACADEMY

Your Pathway to Global Opportunities

OUR MISSION

To provide top-quality language training, career counseling, and study abroad services that empower individuals to explore global opportunities. Whether you're seeking to improve your language skills for international exams like IELTS, pursuing a career abroad, or preparing for MBBS or Nursing studies in countries like Germany, we are here to guide you every step of the way.

OUR VISION

To become the leading career and education consultancy offering tailored services to help individuals achieve their dreams of working and studying abroad. With expert guidance, we aim to build a bridge between you and your global career.

OUR JOURNEY

Founded with a vision to make **global education and career opportunities** accessible to all, **Trinity Academy** has grown into a trusted partner for students and professionals seeking to expand their horizons. Over the years, we've built a reputation for delivering results, helping thousands of individuals realize their dreams of studying in **Germany**, the **UK**, **Canada**, and many other countries.



OUR PROMISE

We don't just help you get there – we help you thrive. Our commitment goes beyond just getting you accepted to a university or finding a job. We support you throughout the entire journey,

offering guidance on settling in, making the most of your international experience, and ensuring your long-term success.

At Trinity Academy, We offer professional training in **German and IELTS** at our centres in **Chennai, Pondicherry, and Cuddalore**. Our goal is to help you get ready for real-world situations, not just classroom theory.

LANGUAGE TRAINING MATTERS

Fluent language skills make your migration smoother in every step. It helps in visa interviews, university admission, job applications, and your daily life after moving abroad. Without it, people often struggle to adjust or miss out on opportunities.

That's why it's important to learn the right way, from trainers who understand what international systems expect from you.



GERMAN LANGUAGE CLASSES (A1 TO B2)

Our German programs are perfect for:

- Nurses and healthcare workers heading to Germany

- Students applying for public universities
- Job seekers planning to apply for the German Job Seeker Visa
- Dependents preparing for A1 visa-level German

We train for Goethe, TELC, and ÖSD exams. Every session is a mix of practical communication, grammar, and exam readiness. You'll get lots of speaking practice and interactive learning.

IELTS COACHING (ACADEMIC & GENERAL)

Going to the UK, Canada, or Australia? You'll need a strong IELTS score. Our coaching covers:

- Latest patterns and real test questions
- One-on-one speaking sessions
- Time-managed reading and listening practice
- Writing feedback with corrections

Whether you're applying for PR, education, or work visas, we'll help you reach the band score you need.

WHY STUDENTS CHOOSE US

- Easy timing options – mornings, evenings, and weekends
- Learn in person or online
- Small batches for personal attention
- Trainers with real experience
- Language support aligned with visa processes

Our training fits perfectly for those aiming to study MBBS abroad, work as a nurse in Europe, or even apply for permanent residency in English-speaking countries.

REAL PEOPLE. REAL RESULTS. PERSONALIZED GUIDANCE FOR EVERY STUDENT

No two journeys are the same. Whether you're a nurse looking to work in Germany, a student exploring MBBS abroad, or a skilled professional aiming for career growth, we start with you — your strengths, interests, and long-term plans.

Our team takes time to understand your profile before suggesting the most suitable course, country, and career path.

- In-depth one-on-one counselling
- Aptitude and interest-based mapping

- Clear roadmap to reach your global career goals



EXPLORE THE RIGHT DESTINATIONS

We help you choose countries that fit your qualification, budget, and career plan. Some of the most preferred destinations include:

- **Germany** – for Nursing, Engineering, Healthcare, and more
- **UK** – for Masters, Caregiver roles, and Diploma programs
- **Croatia & Czech Republic** – growing demand for skilled professionals
- **Other EU nations** – education and employment options for eligible candidates

Many students from Tamil Nadu, especially Chennai, Pondicherry, and nearby towns, have passed their IELTS and German exams through us. Some are now working in German hospitals, some studying in public universities, and others have taken their families abroad. You can be next.

PERSONALIZED GUIDANCE FOR EVERY STUDENT

No two journeys are the same. Whether you're a nurse looking to work in Germany, a student exploring MBBS abroad, or a skilled professional aiming for career growth, we start with you — your strengths, interests, and long-term plans.

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- **Croatia & Czech Republic** – growing demand for skilled professionals
- **Other EU nations** – education and employment options for eligible candidates



VISA PROCESSING - HANDLED WITH CARE AND PRECISION STEP-BY-STEP VISA GUIDANCE

Visa rules vary across countries. But no matter the complexity, our experienced team knows how to keep things simple and clear for you.

- Checklist of required documents
- Filling and reviewing visa application forms
- Appointment booking and interview scheduling

- Embassy requirements, translations, and notarizations

We double-check everything before submission to avoid delays or rejections.

WE HANDLE VARIOUS VISA CATEGORIES

Whether you're planning to study, work, or join a family member abroad, we provide the right visa guidance for:

- **Student Visas** – Bachelor's, Master's, MBBS, Diplomas
- **Job Seeker Visas** – Especially for Germany and other EU countries
- **Dependent Visas** – For spouses and family members
- **Nursing Work Visas** – B1 language level required (we help with that too!)
- **Skilled Migration Visas** – Based on qualification and occupation demand

STRONG FOCUS ON GERMANY VISA PROCESS



Germany remains one of our key destinations. Our visa experts are well-versed in German Embassy requirements – especially for nursing professionals, job seekers, and students. From APS certification to visa interviews, we guide you at every step.

- Real-time updates on embassy rules and changes
- Support with translations, apostille, and financial documentation
- High approval rate due to thorough application review
- Emotional support too — because we know it can feel overwhelming sometimes



INTERNATIONAL CONFERENCE

Sree Balaji College of Nursing organized an International conference on **“AI ROBOTICS AND AUTOMATION IN HEALTH CARE: TRANSFORMING GLOBAL PUBLIC HEALTH DELIVERY (HYBRID)”** at T.R Raman Hall Sree Balaji Medical College & Hospital on **24, 25, 26 November 2025**



SREE BALAJI COLLEGE OF NURSING
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
NO.7,CLC Works Road,Chromepet,Chennai-44
The Principal,Staff and Students of Sree Balaji College of Nursing
Cordially invites you for the
INTERNATIONAL CONFERENCE
ON
**AI ROBOTICS AND AUTOMATION IN HEALTH CARE:
TRANSFORMING GLOBAL PUBLIC HEALTH DELIVERY
(HYBRID)**

VENUE: T.R.RAMAN HALL,SBMCH
DATE: 24, 25 & 26 NOVEMBER 2025
TIME: 8.00 AM - 4.00PM

PATRONS
Dr.S. JAGATHRAKSHAGAN, Chairman, BIHER
Dr.J. SRINISHA, M.D.S. Chairperson, BIHER
Er.N.ELAMARAN, B.E. Managing Director. BIHER

ORGANIZED BY
SREE BALAJI COLLEGE OF NURSING
BIHER

FELICITATION

Dr.M. SUNDARARAJAN, B.E. M.S., Ph.D., Vice Chancellor, BIHER

Dr. S. BHUMINATHAN, M.D.S., Ph.D., Registrar, BIHER

Dr.P. SASIKUMAR, MBBS., DNB., MS(GS) Ph.D., DEAN, SBMCH

WARM GREETINGS

The conference AI Robotics and Automation in Health Care: Transforming Global Public Health Delivery aims to explore and analyse how the integration of Artificial Intelligence (AI), robotics, and automation can enhance the effectiveness, accessibility, and equity of community health systems, thereby transforming global public health delivery. In essence, the convergence of AI, robotics, and automation in community health marks a paradigm shift — from reactive to proactive, data-driven, and equitable healthcare delivery. Understanding how these technologies can be effectively harnessed is essential for building resilient and future-ready public health systems across the world.

For More information contact

Convenor
Dr.V.Hemavathy,M.Sc (N),M.A.,M.Phil.Ph.D
Dean Cum Principal, SBCN, BIHER, Chennai.

Co-Convenor
Dr.Vasantha Kohila.K.R., M.Sc (N), Ph.D.
HOD,Department of Community Health Nursing
SBCN, BIHER, Chennai.

CLICK TO JOIN
<https://us06web.zoom.us/j/81378360564?pwd=SbXevx0dElk4ZaCY9gX49mRmfvAb.1>



Followed by registration the Inaugural function starts at 9:30 am. Dr.Veerabhadhu, Advisor Sree Balaji Medical college and Hospital, Dr. V.Hemavathy Principal Sree Balaji colleg of Nursing, Dr. Geethanjali Jerald, Professor, College of nursing science, Dyanada sagar university, Bangalore Karnataka., Dr. VasanthakohilaKR Head ,Department of community health nursing lit the lamp and gave the felicitation

LIGHTING THE KUTHU VILAKKU



WELCOME SPEECH BY PRINCIPAL



INAGURAL FUNCTION & HONOURING

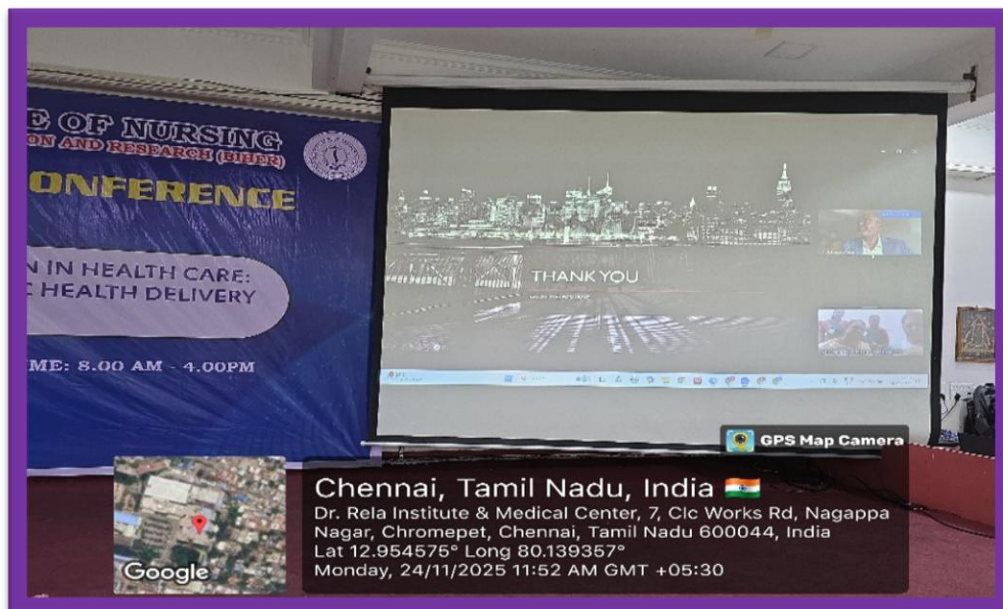


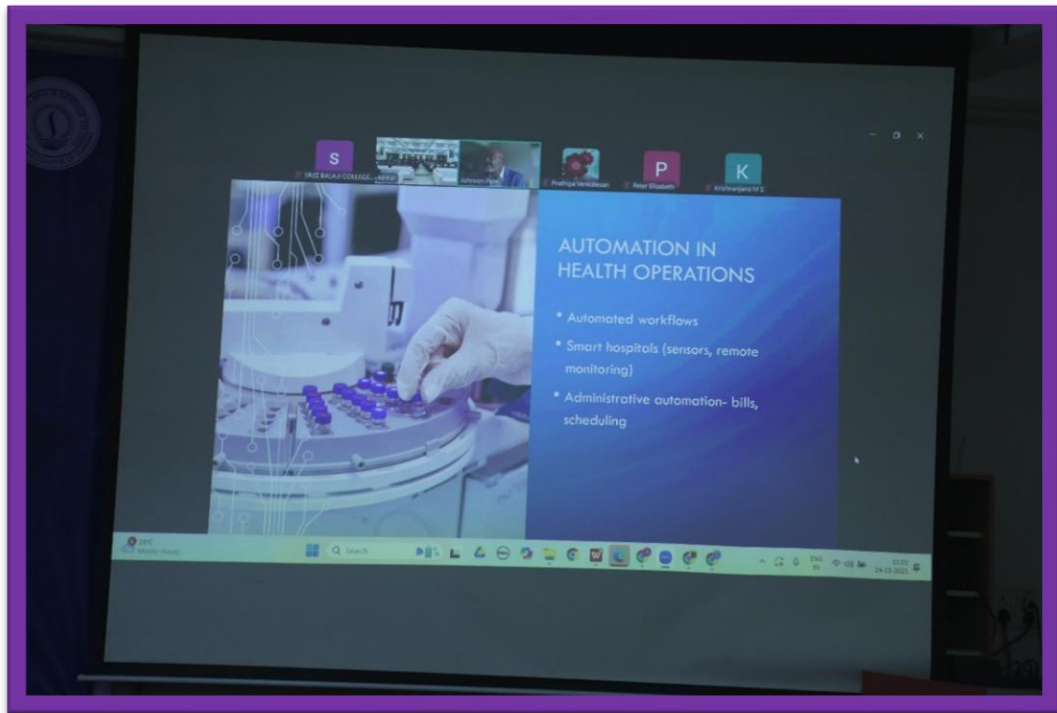
FELICITATION BY Dr.VEERABHAGHU ADVISOR SBMCH



PLENARY SESSION I: (DAY 1)

Dr. Johnson Peter Issac raj, Renal Clinician, Box Hill Hospital, Eastern Health, Australia gave the key note address and inculcated knowledge regarding Robotics in primary and Community care.





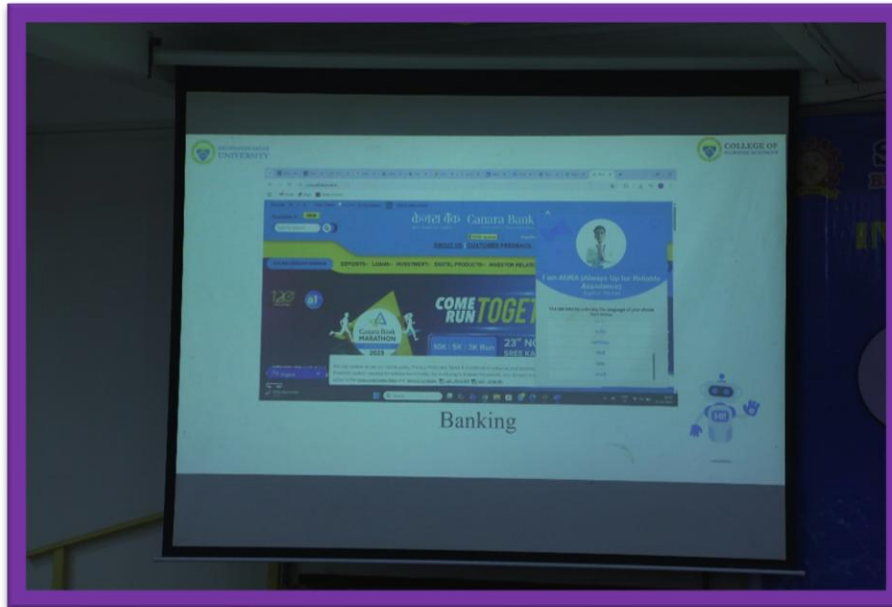
PLENARY SESSION II

AI Chat bots for Rural symptom screening is the second plenary session topic and explained by **Dr. Geethanjali Jerald**, Professor, College of nursing science, Dyanada sagar university, Bangalore



PLENARY SESSION III

Dr. Manar Alsolimani, Professor, Pediatric Nursing, Saudi Arabia discoursed about Telepresence and remote care robots in preterm care: Future direction in pediatric nursing



PLENARY SESSION IV (DAY 2)

Mrs.Jaseena Mohamathu Jahir Hussain, Nurse Practitioner Hamad Medical Corporation, Saudi Arabia discussed about Innovation in Mental Health Nursing: Use of digital tools, artificial intelligence innovative patient centered and trauma informed care models



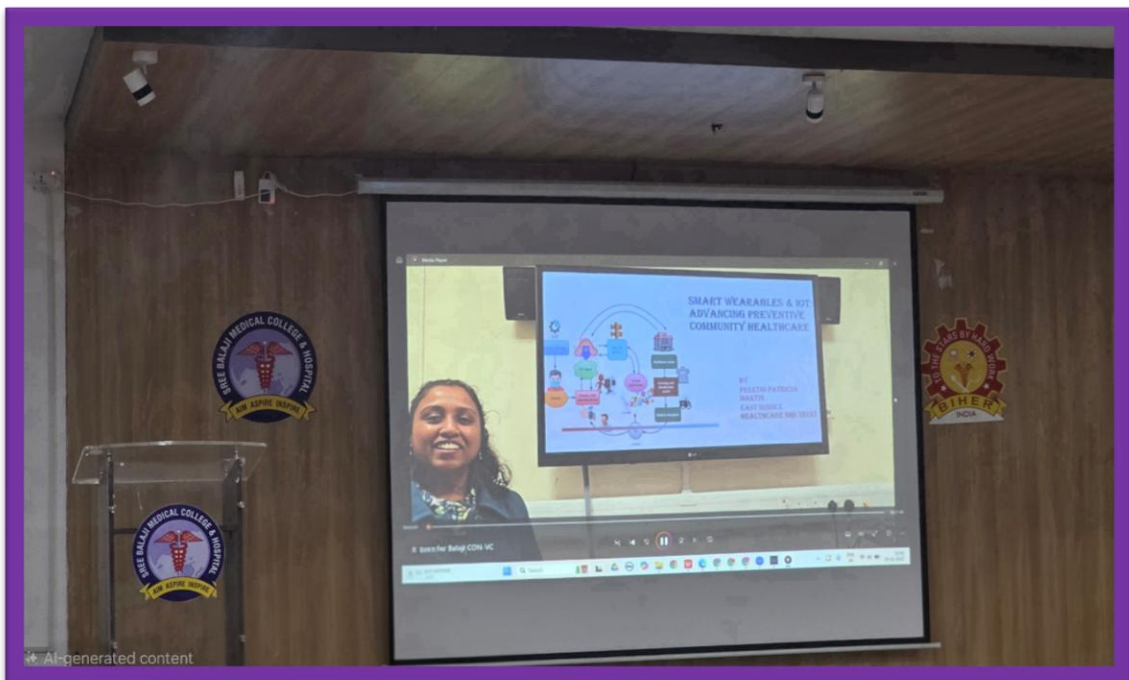
PLENARY SESSION V

Dr Shimmaa Mansour Moustafa Mohamed, Assistant Professor, Department of Nursing, College of Applied Medical Sciences, University of Bisha, Bisha, Saudi Arabia articulated about The Preterm Paradox -Robotics in preterm care: Global and Indian Scenario

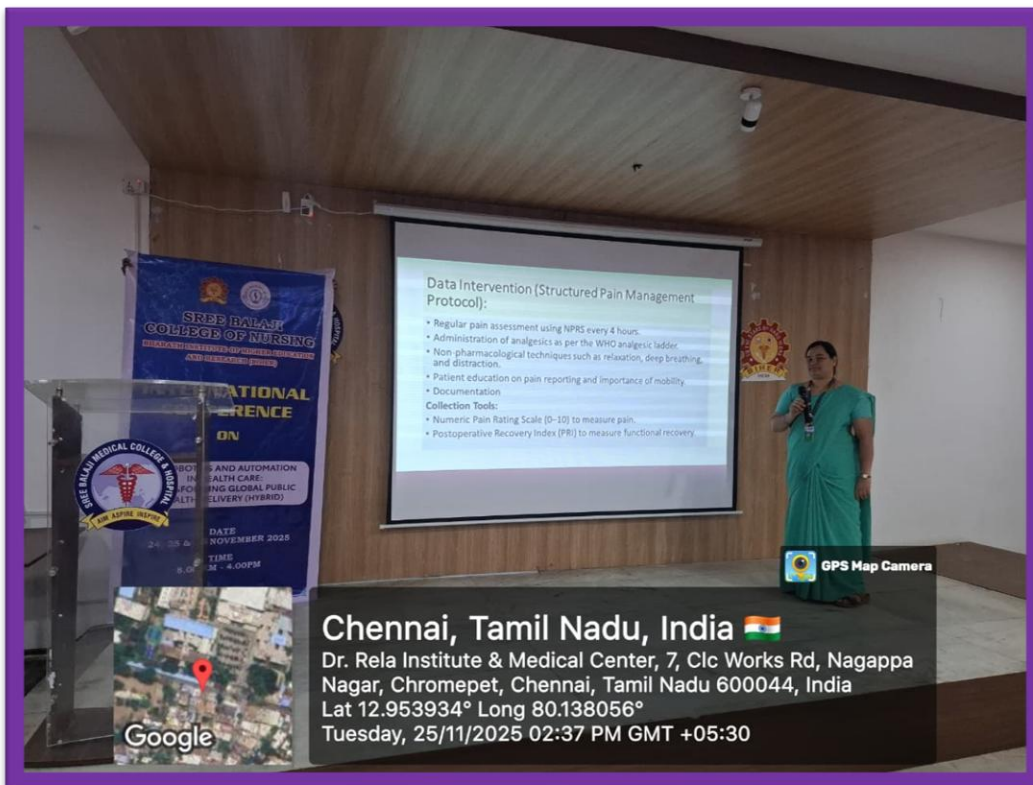
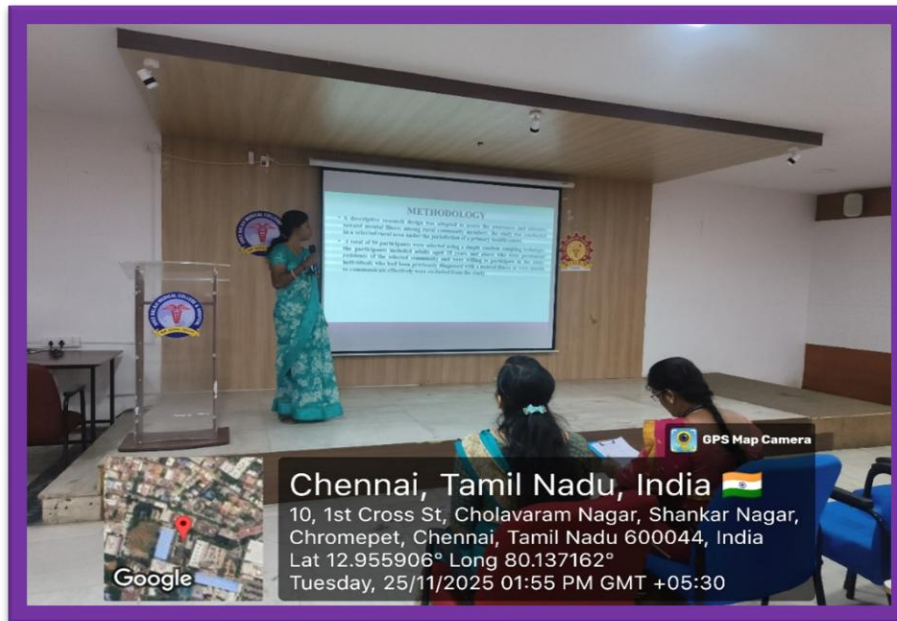


PLENARY SESSION VI

Mrs. Preethi Patricia Martin Geriatric Nurse Practitioner, East Sussex Health Care NHS, UK discussed about Smart wearables and IoT explained about Advancing preventive community health care

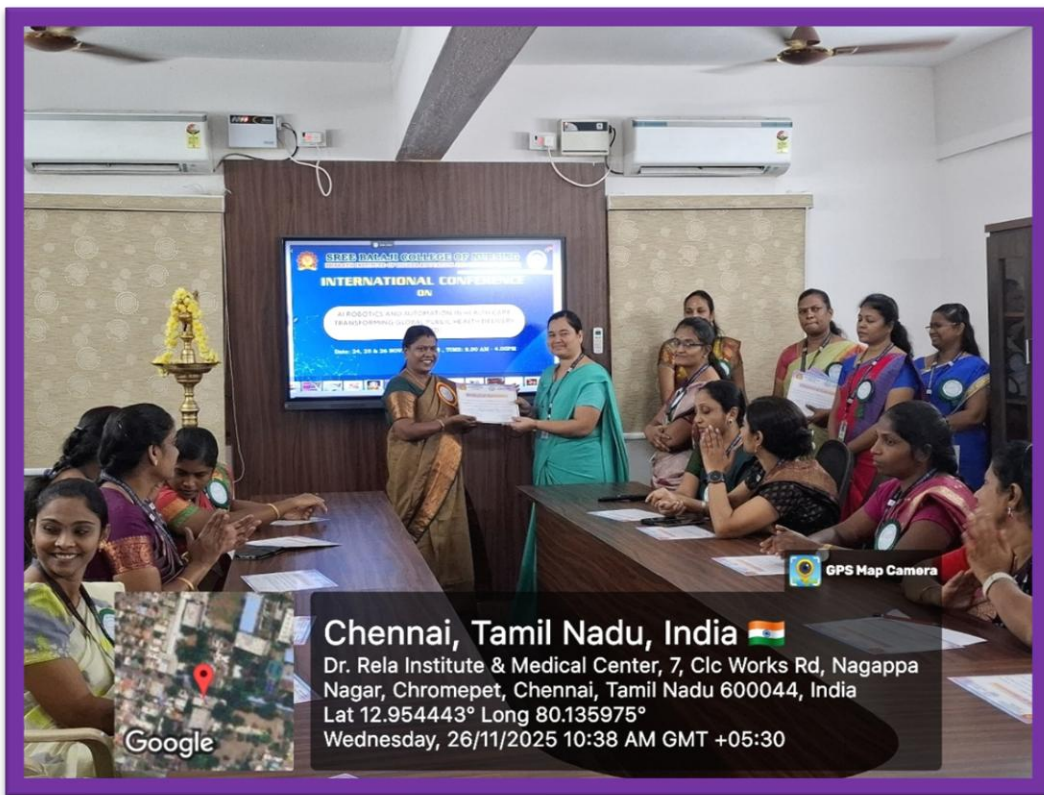
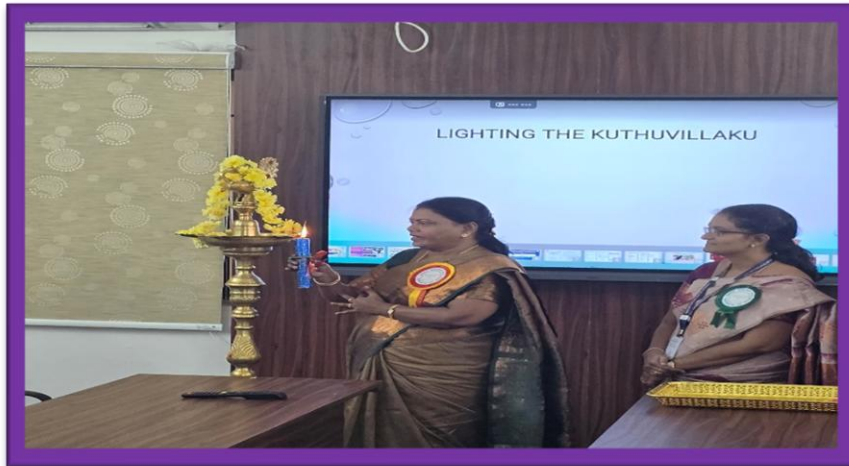


SCIENTIFIC SESSION DAY 2 (TIME 2:00 - 4:00 PM)



SCIENTIFIC SESSION (DAY 3)



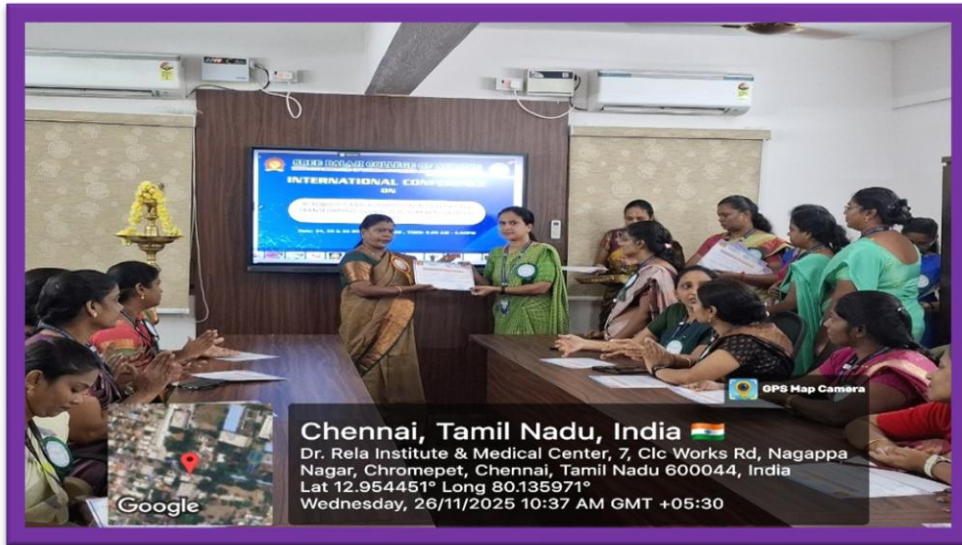


Chennai, Tamil Nadu, India 🇮🇳
Dr. Rela Institute & Medical Center, 7, Clc Works Rd, Nagappa
Nagar, Chromepet, Chennai, Tamil Nadu 600044, India
Lat 12.954443° Long 80.135975°
Wednesday, 26/11/2025 10:38 AM GMT +05:30

VALEDICTORY FUNCTION

On 26.11.2025 after the scientific paper presentation Valedictory function held.

CERTIFICATE DISTRIBUTION



THE INTERNATIONAL CONFERENCE ENDED WITH NATIONAL ANTHEM.



STAFF PHOTO



**INTERNATIONAL CONFERENCE FACULTY LIST FOR SCIENTIFIC PAPER
PRESENTATION**

S.NO	NAME OF THE TEACHING FACULTY	DESIGNATION	PROBLEM STATEMENT
1.	Dr. Hemavathy V	Principal	The Effect Of Tidal Model Based Psychiatric Nursing Approach For The Resilience Of Women Survivors Of Violence
2.	Dr. Vasantha Kohila KR	Hod Professor	A Study To Assess The Knowledge On Breast Self-Examination Among First Year B.Sc. Nursing Students Of Sree Balaji College Of Nursing At Chromepet
3.	Dr. Semmalar S	Professor	Assess The Knowledge ,Attitude And Practice Of Impact Of Junk Food On Hormonal Imbalance And Obesity Among Adolescents Population In Selected Colleges At Chennai.
4.	Dr. Nimmi R	Professor	A Study To Assess The Awareness Of PICME Number Among Mothers Attending MCH Centre In A Selected Primary Health Centre
5.	Dr. Ramani R	Hod Professor	Effectiveness Of Nursing Care On Patients With Arrhythmia
6.	Dr. Ajitha Nancyrani R	Hod Professor	Effect Of Consultancy Given To Parents And Teachers According To The Students' Frequency Of Watching Tv On Emotional And Behavioural Problems Of Children Attending Preschool Education
7.	Dr. Jegatha C	Professor	A Study To Assess The Knowledge Regarding Global Warming Among Adults In Rural Area At Padappai, Chennai
8.	Mrs. Tamizh Kodi. V	Professor	A Descriptive Study To Assess The Knowledge On Kalaigar Magalir Urimai Thittam Scheme Among The Women In Padappai Chennai

9.	Mrs. Pappy Yuvarani S	Professor	Knowledge Regarding Management & Prevention Of Pregnancy-Induced Hypertension Among Antenatal Women
10.	Mrs. Dhanalakshmi B	Professor	Study To Assess The Knowledge Regarding Hazards Of Self Medication Among Adult (20-45) Years In Selected Urban Community
11.	Mrs. Binipaul Vj	Hod Professor	A Study To Assess The Knowledge Regarding Scabies Among Mothers Of Under-Five Children In Anakaputhur, Chennai
12.	Dr. Priyadarshini P	Professor	Knowledge And Awareness Of Menstrual Irregularities
13.	Dr. Saradhadevi S	Professor	The Effect Of Psychoeducation That Is Giving To Delinquent Adolescent On Social Emotional Learning And Emotion Management Skills
14.	Dr. Ajitha Kumari G	.Professor	Examining The Relationship Between Traumatic Growth And Psychological Resilience In Young Adult Children Of Parents With And Without A Mental Disorder
15.	Mrs. Margareat Thatcher Ge	Professor	Assess The Efficacy Of Incentive Spirometer On Dyspnea And Pulmonary Functions Of Chronic Obstructive Pulmonary Disease Patients
16.	Mrs. Deborah Mercy Bai T	Professor	Effectiveness of a stretching exercise program on Low back pain among staff nurses in Sree Balaji Medical College and hospital, Chrompet, Chennai.
17.	Mrs. Yasodha V	Professor	A Study To Assess Knowledge Regarding Hypothyroidism Among Middle age Women In Padappai Chennai.
18.	Mrs. Tamilselvi D	Professor	A Study To Assess The Effectiveness Of A Structured Teaching Programme On The Prevention Of Covid-19 Among Mothers Of Children Aged 0–16 Years At Sree Balaji Medical College And Hospital, Chrompet, Chennai.’
19.	Mrs. Uma Maheswari S	Asso. Prof	A Study To Assess The Knowledge Regarding The Rainbow Nutrition Among Mother Of School Age Children At Padappai

20.	Mrs. Bindhiya R	Asso. Prof	A Study To Assess The Knowledge About Immunization Schedule Among Mothers Visiting Opd At Rela Hospitals, Chrompet, Chennai
21.	Mrs. Deepa R	Asso. Prof	A Study To Assess The Effectiveness Of Pelvic Floor Muscle Training Among Postnatal Mothers In A Selected Hospital, Chennai.
22.	Mrs. Saranya M	Asso. Prof	Knowledge And Attitude Regarding Prevention Of Postpartum Haemorrhage Among Antenatal Mothers In Selected Hospitals
23.	Mrs. Ariya S Kurup	Asso. Prof	“To Assess The Impact Of Healthcare Technology On The Knowledge, Practice, Efficiency, And Job Satisfaction Of Pediatric Nurses Working In A Selected Hospital, Chennai, Tamilnadu India.”
24.	Mrs. Punitha K	Asso. Prof	A Study To Assess Knowledge Regarding Adverse Effects Of Internet Among Nursing Students Of Sree Balaji College Of Nursing
25.	Mrs. Pauline Sheela Priya S	Asso. Prof	A Study To Assess The Knowledge And Attitude Regarding Cervical Cancer And Hpv Vaccine Among First Year Bsc.Nursing Students Of Sree Balaji College Of Nursing
26.	Mrs. Vijayalakshmi K.S	Asst. Prof	A Study To Assess The Knowledge On Hypertension Management Among Cardiac Patients At A Selected Hospital
27.	Mrs. Prathipa V	Asst. Prof	A Qualitative Study On Social Anxiety Disorder Among First-Year Nursing Students At Sree Balaji College Of Nursing, Chrompet, Chennai
28.	Mrs. Subashini K	Asst. Prof	Strengthening Pediatric Nursing Outcomes Through Technology-Integrated Family Engagement: An Innovative Practice Model
29.	Mrs. Dhanya K Vijaya	Asst. Prof	The Impact Of Community-Based Mental Health Nursing Interventions On Reducing Depression Among Adults In Rural Areas
30.	Mrs. Anjani P N	Asst. Prof	A Study To Assess The Relationship Between Screen Time Duration And Sleep Quality Among First Year Nursing Students Of Sree Balaji College Of Nursing.

31.	Mrs. Asha Christina A	Asst. Prof	A Study To Assess The Effectiveness Of Structured Teaching Programme On Knowledge Regarding Human Milk Banking, Among Normal And High Risk Mothers In Selected Hospital , In Chennai
32.	Mrs. Latha M	Asst. Prof	Experimental Study To Assess Effectiveness Of Planned Teaching Programme On Knowledge Regarding Renal Calculi Among Adults In Selected Hospital At Chennai
33.	Mrs. Bency Abraham	Lecturer	The Mental Health Literacy And Its Effect On Early Detection Of Psychiatric Illness Among Adults In Selected Community Health Center
34.	Mrs. Dhatchayani M	Lecturer	Awareness And Attitudes Toward Mental Illness Among Rural Community Members: A Community Psychiatry Approach
35.	Mrs.Regina Margreat	Lecturer	Effectiveness And Impact Of Nurse-Led Education On Postoperative Recovery In Surgical Patients
36.	Mrs.Mary Ann.J	Lecturer	A Study To Assess The Effectiveness Of A Structured Pain Management Protocol On Postoperative Pain And Functional Recovery Among Abdominal Surgery Patients Admitted At Sree Balaji Medical College And Hospital”
37.	Mrs.Nisha Rani.D	Lecturer	To Evaluate The Effectiveness Of Foot Massage On Body Balance Among Elderly People In Selected Old Age
38.	Mrs.Isabel Monica	Lecturer	Effect Of Psychodrama On Post Traumatic Stress Disorders, Anxiety And Depression Symptoms In Patients With Social Trauma: 9 Months Monitoring
39.	Mrs.Aswini L	Lecturer	A Study To Assess The Effectiveness Of Assertiveness Training On Self-Esteem Among Nursing Students In Selected College In Nursing Chennai
40.	Ms. Juli G	Tutor	Exploratory prevalence of chronic obstructive pulmonary disease IN India for a decade –An Overview
41.	Mrs. Muthammal	Tutor	Concept article on effect of leg exercise

	N		and over All health
42.	Mrs.Pavithra A	Tutor	Review Article On Incidence And Prevalence Of Breast Cancer Among Regions Of India - A Comparative Analysis Between Incidence, Prevalence And Causes Of Breast Cancer
43.	Mrs. Swathi.M	Tutor	A Comparative Study To Assess The Knowledge On Swine Flu Among Rural And Urban Community
44.	Mrs.Elizabeth Rani C D	Tutor	A Comparative Study To Assess The Knowledge On Child Abuse And Its Prevention Among Mothers Residing In Urban And Rural Community
45.	Dr.D.ANITHA	Professor	Microbial Activity Of Homemade Kambu (Pearl millet) Cookie-A Formulated Cereal Based Cookie

INTERNATIONAL CONFERENCE STUDENT LIST FOR SCIENTIFIC PAPER PRESENTATION

S.N	NAME OF THE STUDENTS	YEAR	PROBLEM STATEMENT
1.	Mrs.G.M Anuradhaa	M.Sc Nursing II Year	Effectiveness Of Teaching Strategy On Knowledge Regarding Prevention Of Malnutrition Among Mothers Of Toddlers
2.	Mrs. M. Rama	M.Sc Nursing II Year	Knowledge Of Menstrual Hygiene Among Adolescent Girls At Selected Nursing College.
3.	Mrs. P. Sangavi	M.Sc Nursing II Year	Knowledge Of Breast Self Examination Among Students In A Selected College In Chennai
4	Ms. Monica Rajakumari	NPCC Student	A Comparative Study To Assess The Effectiveness Of Open Vs Closed Suction Method On Enhancement In Cardio Respiratory Parameters Among Patients With Mechanical Ventilation Admitted In Selected Hospital, Chennai

NATIONAL CONFERENCE

**“ADVANCING MATERNAL AND CHILD HEALTH: EMPOWERMENT,
INNOVATION AND EQUITY FOR A SUSTAINABLE FUTURE “**

at T.R Raman Hall Sree Balaji Medical College &Hospital on **28th and
29th November 2025**



SREE BALAJI COLLEGE OF NURSING
NO.7,CLC Works Road,Chromepet,Chennai-44
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH

The Principal, Staff and Students of
Sree Balaji College of Nursing
Cordially invites you for the

NATIONAL CONFERENCE
ON

**“ADVANCING MATERNAL AND CHILD HEALTH:
EMPOWERMENT, INNOVATION AND EQUITY FOR
A SUSTAINABLE FUTURE”**

 **28 & 29 NOVEMBER 2025**

 **T.R.RAMAN HALL, SBMCH**

 **8.00 AM to 5.00 PM**

PATRONS
Dr.S. JAGATHRAKSHAGAN, Chairman, BIHER
Dr.J. SRINISHA, M.D.S. Chairperson, BIHER
Er.N.ELAMARAN, B.E. Managing Director. BIHER

CHIEF GUEST
Dr.S.Uma, IAS
Additional Secretary to GoTN (SPI Department)

FELICITATION
Dr.M. SUNDARARAJAN, B.E. M.S., Ph.D.,
Vice Chancellor, BIHER
Dr. S. BHUMINATHAN, M.D.S., Ph.D., Registrar,
BIHER
Dr.P. SASIKUMAR, MBBS., DNB., MS(GS) Ph.D.,
DEAN, SBMCH

For More information contact
Convenor
Dr.V.Hemavathy, M.Sc (N), M.A., M.Phil. Ph.D
Dean Cum Principal, SBCN, BIHER, Chennai.
Co-Convenor
Dr.Vasantha Kohila.K.R, M.Sc (N), Ph.D.
HOD, Department of Community Health Nursing
SBCN, BIHER, Chennai.

Organizing Secretaries
Dr. R.Nimmi & Mrs.V.J.Binipaul.
HODs Department of OBG & CHN
SBCN, BIHER,

ORGANIZED BY
MATERNAL & CHILD HEALTH NURSING
DEPARTMENT, SBCN, CHROMEPET, CHENNAI



Followed by registration the Inaugural function started at 9:30 am. Dr.Veerabhadhu, Advisor Sree Balaji Medical college and Hospital, Dr.Sasikumar, Dean Sree Balaji Medical college and Hospital Dr. V.Hemavathy Principal Sree Balaji college of Nursing, Dr.Uma, IAS, Chief Guest, Additional Secretary to Deputy Chief Minister, Government of Tamilnadu inaugurated the conference.

The conference started with Tamilthaai valthu and welcome dance.





LIGHTING THE KUTHU VILAKKU





WELCOME SPEECH BY PRINCIPAL



INAGURAL FUNCTION & HONOURING





FELICITATION BY Dr.VEERABHAGHU ADVISOR SBMC& HOSPITAL



UNFOLDING THE THEME



The theme for the conference was unfolded by Dr.R.Nimmi, Professor/HOD, Department of Obstetrics & Gynecology Nursing.

CHIEF GUEST ADDRESS



Dr.Uma, IAS, Additional Secretary to Deputy Chief Minister, Government of Tamilnadu addressed the gathering with her experiences. She highlighted about the importance of Nursing in health care, Government outreach programs in health in hilly regions of Tamilnadu,use of mobile app services, extension of Dr.Muthulakshmi Reddy scheme in private hospitals.

PLENARY SESSION I: (DAY 1)

Empowering women through safe Motherhood Initiatives



PLENARY SESSION II: (DAY 1)

Promoting Mental Health and well-being in Children and Adolescents.



PLENARY SESSION III: (DAY 1)

Digital tools; Future proof care in Maternal and Child Health.





PLENARY SESSION IV (DAY 1)

Integrating technology in Maternity and child health services





PLENARY SESSION V (DAY 1)

Multidisciplinary Collaboration in maternal neonatal care.





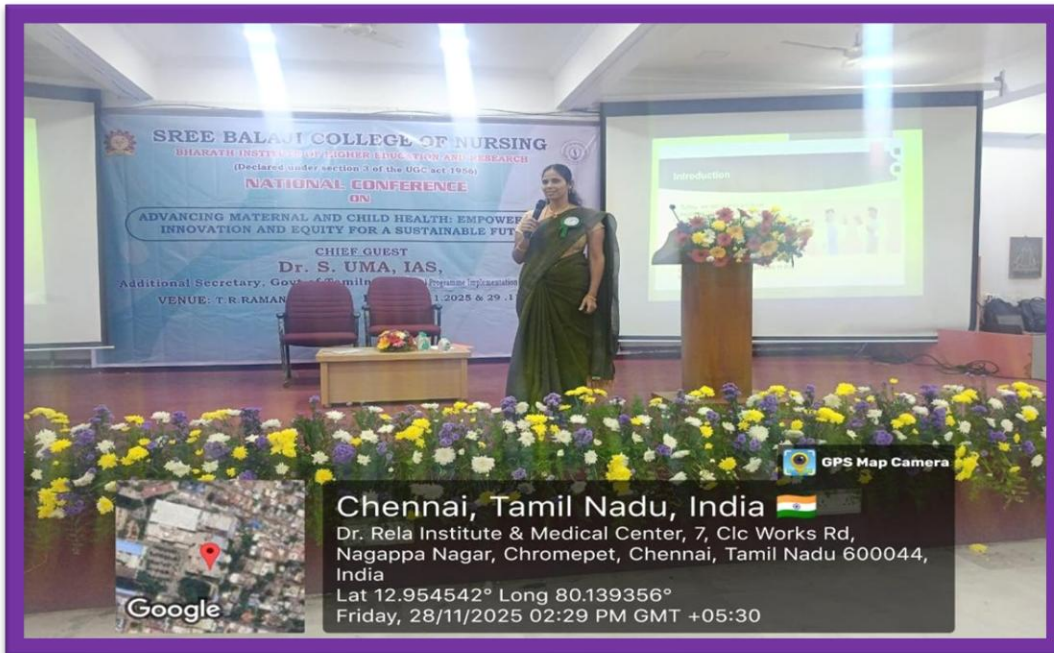
PLENARY SESSION VI (DAY 1)

NICU Narrative; Innovation in premature and complex births.



PLENARY SESSION VII (DAY 1)

Innovations in Reproductive and maternal health care



PLENARY SESSION VIII (DAY 1)

Empowering families for early childhood development





SREE BALAJI COLLEGE OF NURSING INTERNATIONAL
CONFERENCE STUDENT LIST FOR SCIENTIFIC PAPER
PRESENTATION

DAY – I (28/11/2025)

HALL – I (T.R.Raman Hall)

Time: 7.30am-8.00am

Moderators: Dr.V.Hemavathy, & DR. K.R.Vasantha Kohila

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	7.30 AM-7.40AM	A Descriptive study on Psychological issues among women Undergoing Infertility treatment in selected Infertility centre.	DR.R.NIMMI
2.	7.40 AM-7.50AM	Knowledge about the complications of diabetic mellitus among diabetic clients	DR.SEMMALAR

3.	7.50 AM- 8.00AM	Effectiveness of nursing care on patient with cardiomyopathy	DR.R.RAMANI
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DAY – I (28/11/2025) HALL – II

Time: 7.30am-9.20am

Moderators: Dr. Nimmi & Dr. Ramani

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	7.30 AM- 7.40AM	Knowledge and attitude of mothers regarding juvenile rheumatoid arthritis among children	Mrs.Binipaul
2.	7.40 AM- 7.50AM	Effectiveness of meditation therapy on state of wellbeing among depressive patients	Dr. Ajitha Nancy
3.	7.50 AM- 8.00AM	Assess the knowledge regarding postpartum depression among postnatal mothers	Dr.Jegatha
4.	8.00 AM- 8.10AM	The Knowledge regarding contraception methods among postnatal mothers	Mrs.Pappy Yuvarani
5.	8.10 AM- 8.20AM	Assess the knowledge about premenopausal syndrome among women	Mrs.Tamilkodi
6.	8.20 AM- 8.30AM	An exploratory study on practice affecting the parental satisfaction regarding care of children	Mrs.Tamilselvi
7.	8.30 AM- 8.40AM	Assess the knowledge regarding vitamin D deficiency among women age.30-50years	Mrs.Dhanalakshmi
8.	8.40 AM- 8.50AM	Breast cancer prevention: a community-based intervention study	Mrs.P.Priyadarshini
9.	8.50 AM- 9.00AM	Effectiveness of behaviour therapy on depression among patient with depressive disorder	Mrs.Saradha Devi
10.	9.00 AM- 9.10AM	Effectiveness of foot reflexology on depressive patients	Mrs.Ajitha Kumari
11.	9.10 AM- 9.20AM	Impact of diet counselling for old age people	Dr.Anitha

DAY – I (28/11/2025) HALL – II**Time: 9.10am-11.00am****Moderators: Dr.Semmalar & Dr.Ajitha Nancy Rani**

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	9.10AM - 9.20AM	Assess the level of stress and coping strategies among nursing students	Dr,V.Hemavathy
2.	9.20AM- 9.30AM	Assess the knowledge regarding mission Indradhanush among adults	Dr.Vasantha Kohila
3.	9.30 AM- 9.40 AM	Prevalence of low back pain and its associated factors among staff Nurse in selected hospital	Mrs.Deborah Mercy Bai
4.	9.40 AM – 9.50 AM	The Knowledge On Hypertension Management Among Cardiac Patients	Dr.Vijayalakshmi
5.	9.50 AM - 10.00AM	Effectiveness of topical application of warm mustard oil in reduction of osteo -arthritis pain	Mrs.Margreat Thacher
6.	10.00 AM– 10.10 AM	Assess the knowledge regarding temporary family planning method among adult women	Mrs.Yasodha
7.	10.10 AM- 10.20AM	Effectiveness of STP on demonstration on the level of knowledge regarding hand washing among school children	Mrs.Bindhiya
8.	10.20AM - 10.30AM	Effectiveness of video assisted structured teaching programme on postnatal exercise in terms of knowledge among postnatal mothers	Mrs. Deepa
9.	10.30AM- 10.40 AM	Knowledge and attitude on virtual autism and its impact on children among mothers	Mrs. Anjanai
10.	10.40AM- 10.50AM	Assess the knowledge regarding typhoid fever and its prevention among people	Mrs.Uma Maheswari
11.	10.50AM- 11.00AM	Diagnosis and management of gestational diabetes mellitus with oral glucose challenge test and hba1c	Mrs. Saranya

PLENARY SESSION I (DAY 2)

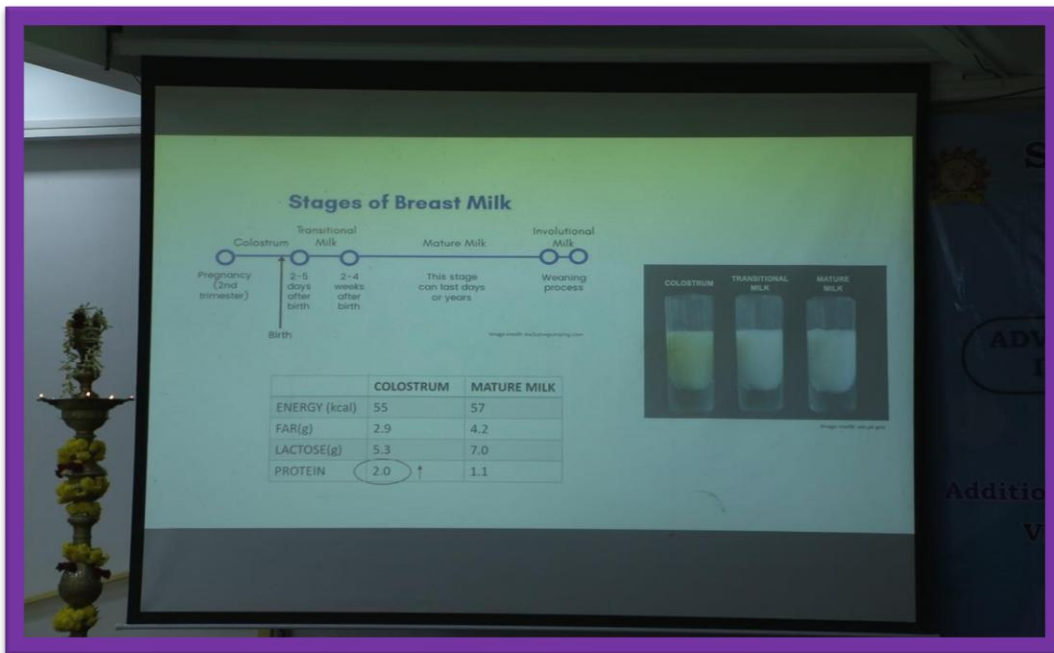
Equitable access to quality antenatal and postnatal services



PLENARY SESSION II (DAY 2)



Liquid gold 2.0; the real time recipe of breast milk.



PLENARY SESSION III (DAY 2)

Promoting Adolescent Reproductive Health and Awareness.





PLENARY SESSION IV (DAY 2)

Nutrition and mental health; pillars of maternal well being



PLENARY SESSION V (DAY 2)

Reducing maternal mortality through evidence based practices.



PLENARY SESSION VI (DAY 2)

Innovations in Child Health care for a healthier future.



SCIENTIFIC SESSION DAY 2 (TIME 2:00 - 4:00 PM)



Valedictory Function



On 29.11.2025 after the scientific paper presentation Valedictory function held.



CERTIFICATE DISTRIBUTION



Vote of thanks was delivered by Mrs.V.J.Binipaul, HOD, Department of Pediatric Nursing.



THE INTERNATIONAL CONFERENCE ENDED WITH NATIONAL ANTHEM.



STAFF PHOTO



FACULTY LIST FOR SCIENTIFIC

PAPER PRESENTATION

DAY – 2 (29/11/2025) HALL – I (T.R.Raman Hall)

Time: 7.30am-8.30am

Moderators: Mrs.V.J.Bini Paul & Mrs.Dhanalakshmi

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	8.00AM – 8.10AM	The Knowledge Regarding Cervical Cancer Among Women In Selected Hospital	Mrs. Sangavi
2.	8.10AM – 8.20AM	Effectiveness Of Breathing Exercises On Patients With Copd	Mrs. Anuradha
3.	8.20AM – 8.30 AM	Knowledge And Practice Of Diabetic Diet Among Diabetic Clients	Mrs.Rama

DAY – II (29/11/2025) HALL – II**Time: 7.30am-9.10am****Moderators: Dr.Jegatha & Mrs. Tamilkodi**

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	7.30 AM-7.40AM	Knowledge and attitude & practice of parents related to childhood psoriasis among children	Mrs.Ariya
2.	7.40 AM-7.50AM	Knowledge on meningitis among mothers of under 5 children	Mrs. Punitha
3.	7.50 AM-8.00AM	Knowledge and attitude regarding cervical cancer and HPV vaccine among nursing students	Mrs. Pauline sheela
4.	8.00 AM-8.10AM	Enhancing quality of paediatric nursing care through family centred approaches a study on improving health outcomes among children.	Mrs. Subashini
5.	8.10 AM-8.20AM	Assess the knowledge and practice of food related triggers for Asthma attacks among parents of under-five children with Asthma.	Mrs.Prathipa
6.	8.20 AM-8.30AM	Depression among adolescent's students in various college students.	Mrs. Dhanya
7.	8.30 AM-8.40AM	Evaluate the Effectiveness nursing care protocol on the quality of intranasal care by staff Nurses	Mrs.Asha Christina
8.	8.40 AM-8.50AM	Evaluate the Effectiveness of STP on knowledge regarding disaster management among teachers.	Mrs.Latha
9.	8.50 AM-9.00AM	Effectiveness of counselling technique on depression among patient with cancer.	Mrs. Dhakchayani
10.	9.00 AM-9.10AM	Assess the level of game addiction among college students.	Mrs.Bency Abraham

DAY – II (29/11/2025) HALL – II**Time: 9.10am-10.50 am****Moderators: Mrs.Pappy Yuvarani & Mrs.Tamilselvi**

S.NO	TIME	TOPIC/PRESENTER	NAME OF FACULTY
1.	9.10AM- 9.20AM	Impact of a structured Neurological Nursing intervention program on cognitive function in elderly patients	Mrs. Regina
2.	9.20AM- 9.30AM	Evaluate the Effectiveness of Audio-Visual education on Anxiety among patients undergoing coronary angiography.	Mrs.Nisharani
3.	9.30AM - 9.40AM	Effectiveness of Structured pain management protocol on the level of pain and patient satisfaction among patients	Mrs.Mary Ann
4.	9.40AM - 9.50AM	Impact of social media addiction and students learning capacity- sociological enquiry	Mrs. Isabel Monica
5.	9.50AM- 10.00AM	Effectiveness of sleep hygiene educational program on sleep quality	Mrs.Aswini
6.	10.00AM- 10.10AM	Knowledge on progressive muscle relaxation technique on work related stress among nurses	Ms.Juli
7.	10.10AM- 10.20 AM	STP on knowledge regarding pulmonary rehabilitation among patient with COPD	Mrs.Muthammal
8.	10.20 AM- 10.30AM	A Study To Assess The Knowledge Regarding Disaster Preparedness And Management Among School Teachers In Selected Schools	Mrs.Pavithra
9.	10.30AM – 10.40 AM	Knowledge regarding Covid 19 among rural and urban community	Mrs.Swathi
10.	10.40AM – 10.50 AM	knowledge of polycystic ovary syndrome among higher secondary school students	Mrs.Elizabeth

NATIONAL SERVICE SCHEME (NSS)

Sree Balaji College of Nursing



WORLD AIDS DAY AWARENESS PROGRAM

THEME: overcoming distribution transforming the AIDS response

Date: 01 December 2025

On the occasion of World AIDS Day 2025, observed annually on December 1st. National Service Scheme, Sree Balaji College of nursing (SBCN) organized an awareness program.

The forenoon session aimed to raise awareness among Truck Drivers about HIV/AIDS, on ART/COE Government hospital-Thoracic of medicine was in focus to spread the awareness amongst the faculty members, non-faculty members and all the students of sbcn. The session was planned to reach out to the Housekeeping and Gardening staffs, Security Personnels and electricians.

Venue: COE GHTM

Time: 10.00am to 11:30am

The program was spearheaded by Dr.saravan mani M.D,DTCD and Dr. Mahilmaran M.D ,DTCD from the Department of COEat sree Balaji college of nursing alongside representing the second year and fourth year, accompanied by NSS volunteers and ensure the program's success.



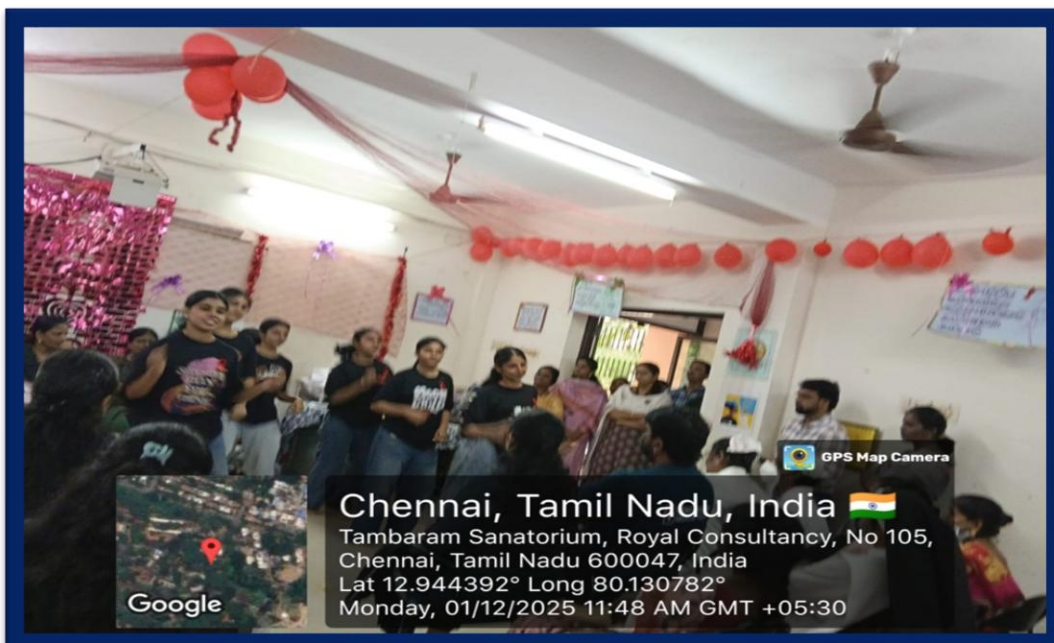
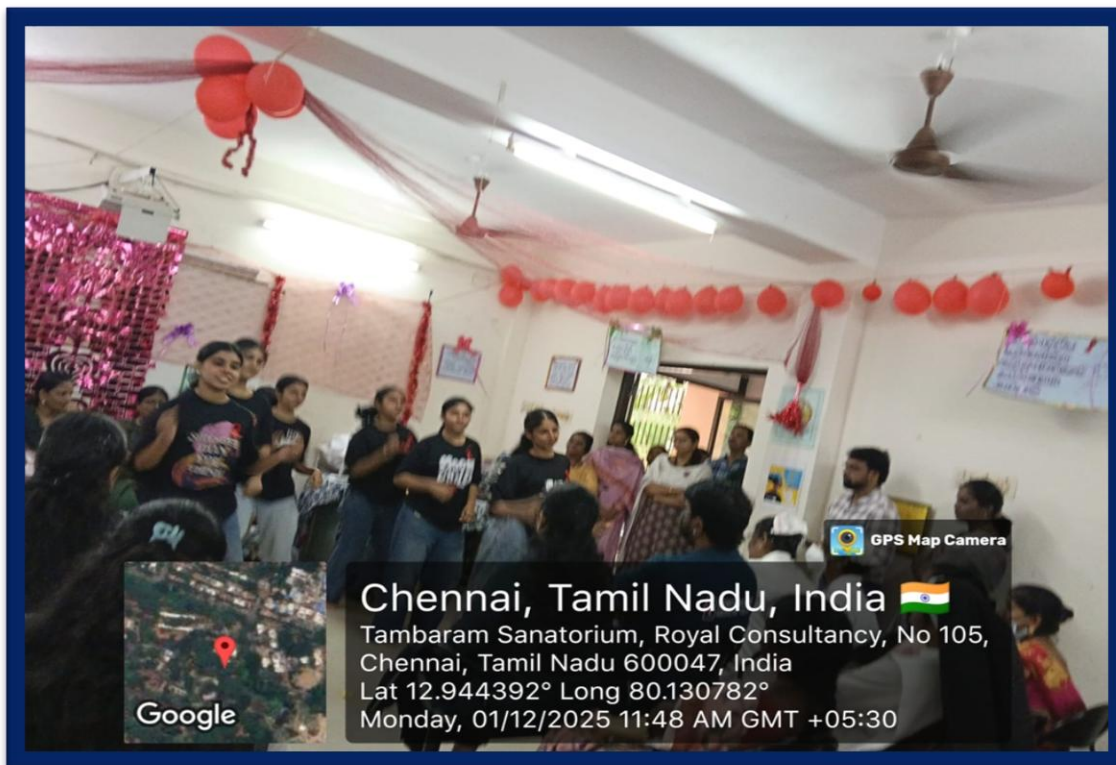
SESSION 1:10.00am to 10.45am

AIDS (Acquired Immuno Deficiency Syndrome) is one of the most serious public health challenges faced across the world. Lack of awareness, social stigma and misinformation often lead to fear and discrimination. In Tamil Nadu, traditional folk arts such as Villupattu have played a significant role in educating rural communities about social and health issues. Villupattu, with its engaging storytelling, rhythmic songs and humour, is an effective tool for spreading messages on HIV/AIDS.



SESSION 2:10.45 am to 11:30 am

HIV/AIDS remains a major global health challenge, particularly in communities where stigma, misinformation, and limited access to health education persist. Creative arts—especially dance—have emerged as powerful tools to raise awareness, foster behavioural change, and build community engagement. This report explores how dance-based programs contribute to HIV/AIDS education, prevention, and support.





The World AIDS Day awareness programme headed by the NSS Team of sree Balaji college of nursing with the theme for this year, "Let Communities lead", focused on informing people from different demography proved to be a successful attempt towards breaking the prevailing stigma on HIV/AIDS testing and treatment. This initiative helped in increasing awareness, encouraging testing, and fostering a sense of a community responsibility. The insights gained from this program address the unique health needs of this demographic, contributing to the broader goal of creating a healthier and more informed society.

COMPETENCY BASED TRAINING – SBA MODULE

DATE : *08.12.25 to 11.12.25*

TIMING : *09:00am – 04:00pm*

VENUE : *AUDITORIUM OF SREE BALAJI COLLEGE OF NURSING*

In OBG (Obstetrics & Gynecology) nursing, an SBA module refers to the Skilled Birth Attendant training, a critical program to empower nurses (Staff Nurses, ANMs, LHVs) with skills to manage normal childbirth, essential newborn care, and handle obstetric/neonatal complications, aiming to reduce maternal and infant mortality by ensuring skilled attendance at every birth. It covers practical skills like partograph use, managing postpartum hemorrhage (PPH), newborn resuscitation, and recognizing danger signs for timely referral, aligning with national health goals like India's National Health Mission (NHM).



THE COMPETENCY BASED TRAINING (CBT):

The Competency Based Training (CBT) Program in Midwifery SBA- Normal Childbirth Skills was conducted for B.Sc Nursing fourth year students of Sree Balaji College of Nursing, Chromepet, Chennai, from *08.12.25 to 11.12.25*. The training program focused on 20% theory session and 80% of skill training. The number of students attended the training program was 100 (Hundred). The course duration for CBT in Midwifery- Normal Childbirth is 4 days.

The list of students attended the training is enclosed with the report.

The skill training was conducted in four skill stations by the Instructors (5) who are expert in the field of obstetric and gynaecological nursing.

The course agenda for 2 days of competency based training program is presented below;

COURSE AGENDA

Introduction to Competency Based Training Program

Topics

- ✚ Course Introduction
- ✚ Physiology and management of first stage of labour
- ✚ Physiology and management of second stage of labour
- ✚ Physiology and management of third stage of labour
- ✚ Birth asphyxia

Skill Topics Trained

- ✚ Recording partograph
- ✚ Conduction of second stage of labour
- ✚ Immediate care of newborn
- ✚ Active Management of Third Stage of Labour
- ✚ Placental Examination
- ✚ Examination of Cervix, Vagina and Perineum
- ✚ Conduction of Normal Labour (Full sequence)
- ✚ Neonatal Resuscitation

DAY - 1

PRE TEST WAS CONDUCTED ALL THE STUDENTS WERE PARTICIPATED.





DAY 2





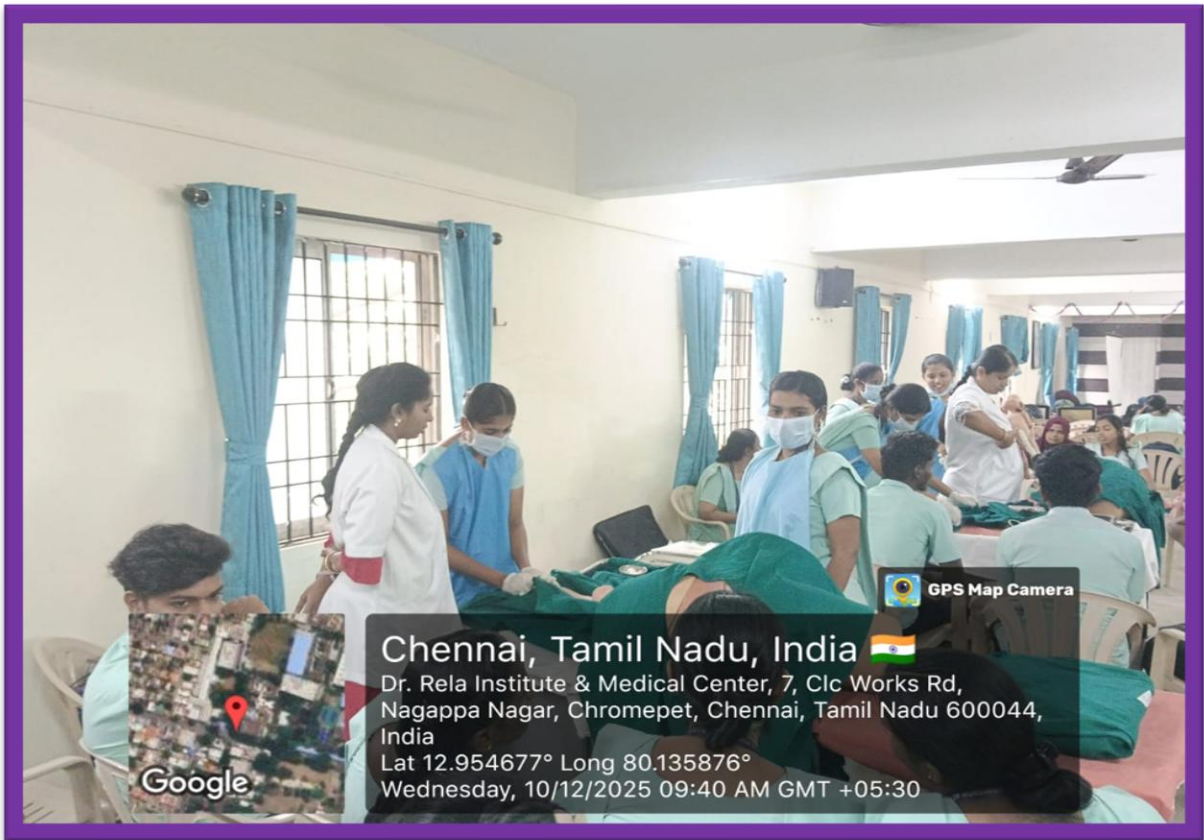


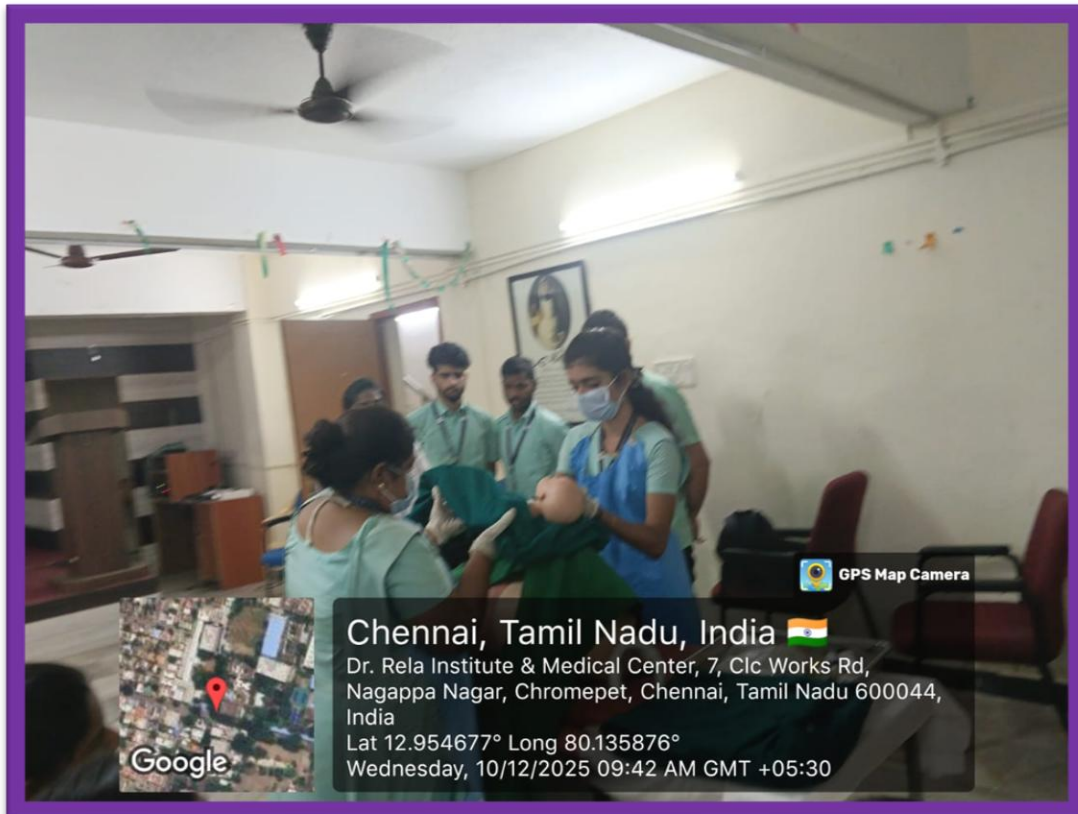
DAY 3











GPS Map Camera



Chennai, Tamil Nadu, India 🇮🇳
Dr. Rela Institute & Medical Center, 7, Clc Works Rd,
Nagappa Nagar, Chromepet, Chennai, Tamil Nadu 600044,
India
Lat 12.954677° Long 80.135876°
Wednesday, 10/12/2025 09:42 AM GMT +05:30



GPS Map Camera



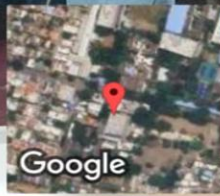
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Chennai, Tamil Nadu 600044, India
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DAY - 4

TRAINING SESSION & POST TEST WAS CONDUCTED

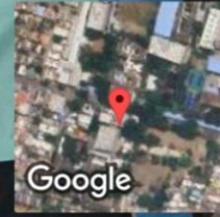
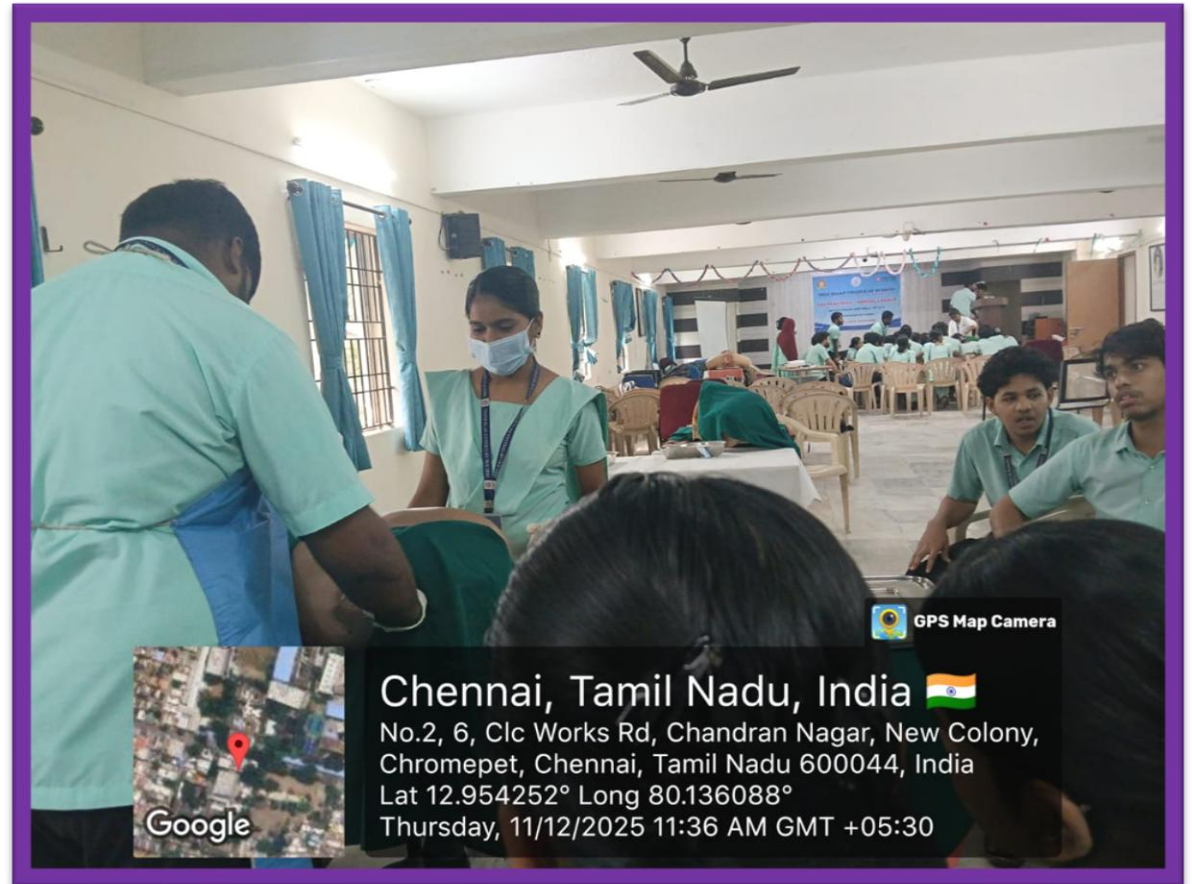




Google

Chennai, Tamil Nadu, India 

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Chromepet, Chennai, Tamil Nadu 600044, India
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Thursday, 11/12/2025 11:21 AM GMT +05:30



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Chennai, Tamil Nadu, India 


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Chromepet, Chennai, Tamil Nadu 600044, India
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Chennai, Tamil Nadu, India 


Dr. Rela Institute & Medical Center, 7, Clc Works Rd,
Nagappa Nagar, Chromepet, Chennai, Tamil Nadu 600044,
India

Lat 12.954289° Long 80.136561°

Thursday, 11/12/2025 10:49 AM GMT +05:30



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Chennai, Tamil Nadu, India 

sree Balaji college of nursing, Chennai, Tamil Nadu
600044, India

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Thursday, 11/12/2025 10:54 AM GMT +05:30



FEEDBACK FROM THE STUDENTS ABOUT CBT

Students shared the following feedback in the course evaluation form regarding the competency-based training program on Midwifery – Normal Labour Skills:

- The training enhanced their knowledge of normal labour and neonatal resuscitation.
- It helped the students to develop the required competency to conduct normal labour effectively.
- Students reported increased confidence in conducting deliveries independently.
- Students suggested including additional skill-based topics such as episiotomy, episiotomy suturing, and abnormal deliveries in future sessions.
- Students recommended organizing similar competency-based training programs for medical-surgical nursing procedures.
- Students appreciated the initiative of conducting the training prior to their clinical postings.
- Students strongly recommended continuing this training program for future batches of students.

CAMPUS INTERVIEW

A4 HOSPITAL AND FERTILITY CENTRE

DATE: 10.12.2025

TIME: 10:00 AM – 1:00 PM.

VENUE: SREE BALAJI NURSING COLLEGE, ADITORIUM.

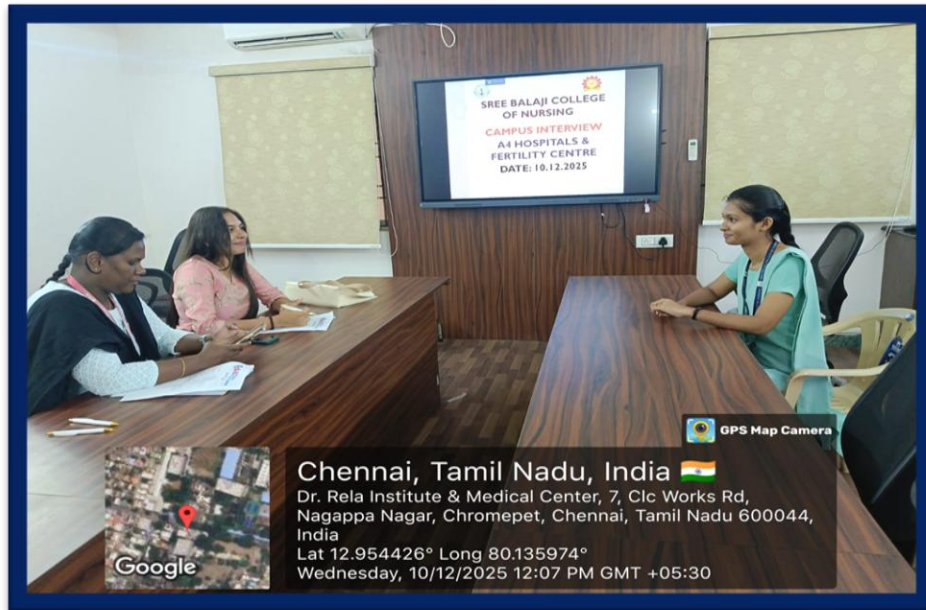
No: OF STUDENTS: 101



INTRODUCTION:

A4 has a decade long experience and a story to tell. Started as Ashok Diabetic Centre. We Provided Specialized Diabetes treatment at exceptional standards. We then expanded our treatment facilitation as Metro speciality clinic with various advancements in the medical field. Our care, support and medical expertise made us evolve into A4 Fertility Hospitals providing super speciality fertility treatments across the globe.

Our Fertility expertise and medical care have made us reach various is countries. Our experience makes us special. We never make fake promises. Our medicines are exported from Germany at the best quality. Patients from across the globe visit us fro premium fertility procedures. We have set the standards of providing state of the art technology and the most advanced medicines for our treatment.

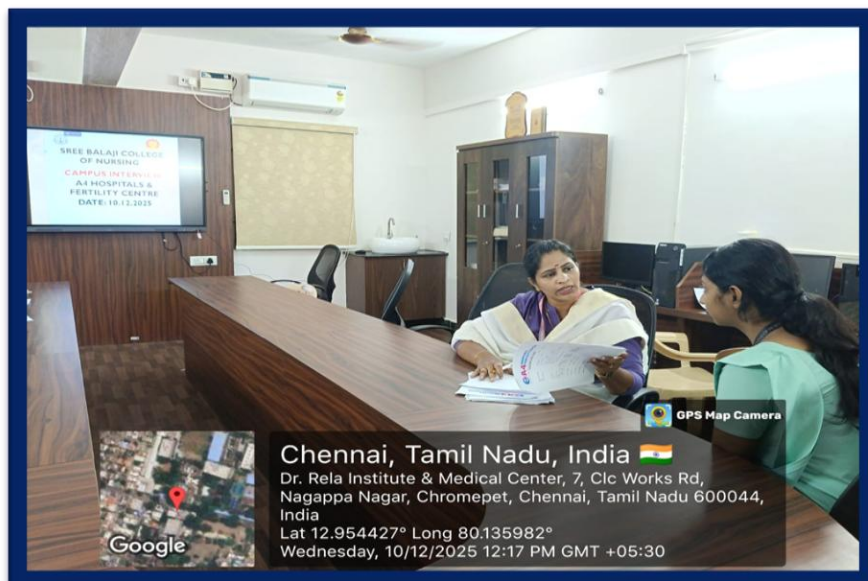


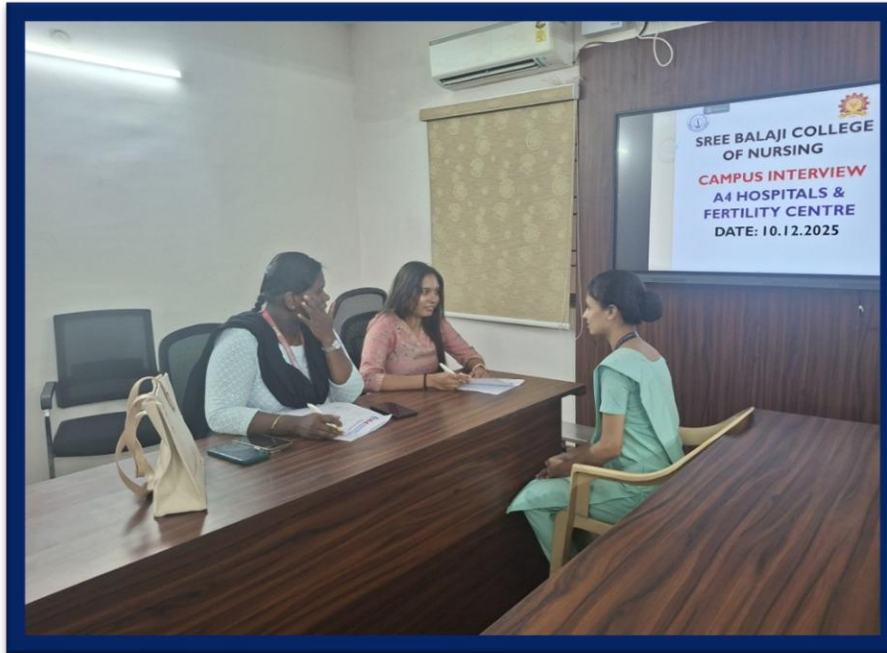
OUR MISSION

At A4 Hospitals, we are committed to delivering exceptional, patient-centric healthcare for women at every stage of life, combining heartfelt compassion, advanced treatments, and ethical medical practices.

OUR VISION

Our vision is to be the trusted and globally recognized industry leader in women's healthcare, the first choice for patient care, and the most fulfilling, innovative, and empowering workplace for employees.





A4 Hospitals Founders

Dr. Ashok Kumar (M.B.B.S., MD, PGDDM, FID),

Managing Director

Dr. Aruna Ashok (MBBS, MS OG, DNB OG)

Clinical Director

Fertility Treatments in A4 Hospital

Natural Cycle And Follicular Monitoring

The period of the menstrual cycle prior to ovulation is known as the follicular phase. It can differ for every woman and within the same woman from cycle to cycle.

Ovulation Induction & Follicular Monitoring

"Ovulation" refers to the release of an egg from one of the ovaries. About once every month in women with typical menstrual cycles, this occurs.

Superovulation Injectables & Follicular Monitoring

Gonadotropins (hMG) are hormones that work by inducing the development of follicles in the ovaries, each of which houses one egg.

In Vitro Fertilization (IVF)

By employing "fertility medicines," the ovaries are first encouraged to generate several follicles, each of which contains an egg.

Intra Uterine Insemination (IUI)

Donor insemination commonly referred to intrauterine insemination method for treating infertility. Male sperm is directly inserted into the uterus of a woman.

Intra Cytoplasmic Sperm Injection

Intracytoplasmic sperm injection is known as ICSI. In essence, the procedure entails removing the male's semen, choosing the best sperm from it.

[Tubal Recanalization](#)

The fallopian tube that was cut or clipped during family planning surgery is reconnected through a treatment known as tubal recanalization.

[ERA](#)

Endometrial Receptivity Array or Endometrial Receptivity Analysis are terms used in the field of fertility treatment.

[PGT A/ PGD Treatment](#)

PGT-M refers to a method whereby IVF obtained embryos are examined for genetic defects prior implantation. Tests have distinct objectives from one another.

[Donor Embryo Program](#)

When a couple can't conceive with their own egg and sperm and IVF technologies, they can donate embryos.

[Sexual Dysfunction Clinic](#)

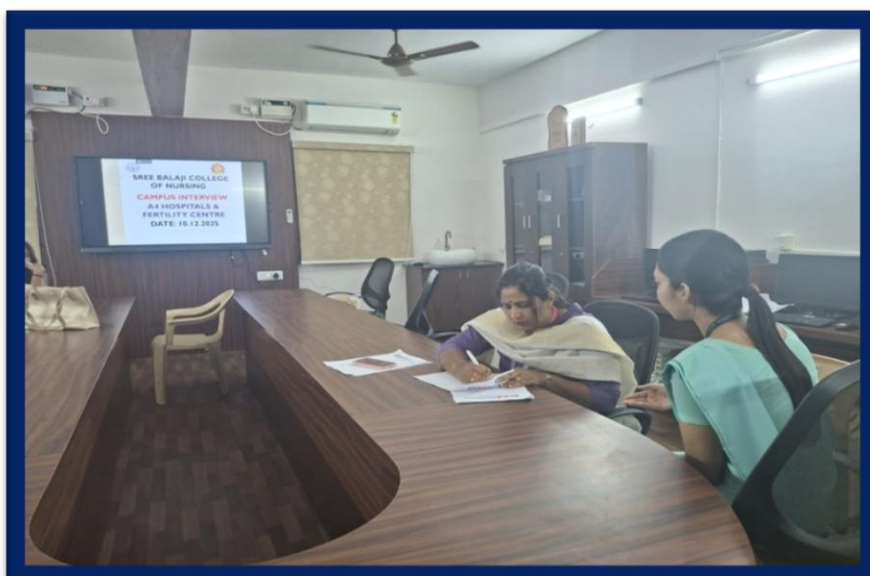
Sexual dysfunction is described as trouble that hinders an individual or a couple from enjoying sexual engagement at any stage of sexual act

[Uterine Fibroids and Treatments](#)

Noncancerous uterine growths known as uterine fibroids are common during the childbearing years. Uterine fibroids, also known as leiomyomas

[Laparoscopy & Hysteroscopy](#)

During infertility treatment, hysteroscopy and laparoscopy are suggested procedures. These procedures give the doctor the ability to do specific remedial



A4 Fertility Center has been a leader in fertility care for over 10 years in India and worldwide. Our journey began with a simple yet profound goal to assist individuals and couples in overcoming infertility to start or expand their families. Over the years, we have achieved remarkable success, turning the dreams of countless families into an exciting reality.



A4 Fertility Centre is proud to excel in the field of fertility care. Many couples choose our clinic to overcome infertility challenges. Here are some important highlights:

A Legacy of Success : With over 10 years of experience, A4 Fertility Centre has earned a reputation for high success rates in fertility treatments.

Multidisciplinary Team : Our team includes renowned fertility specialists, embryologists, nurses, and support staff who work collaboratively to provide personalized care.

Cutting-Edge Technology : We invest in the latest fertility technologies, ensuring that our patients have access to the most advanced treatments available

FAREWELL REPORT DECEMBER - 2025

“EVERY ENDING HAS A NEW BEGINNING.”

INTRODUCTION:

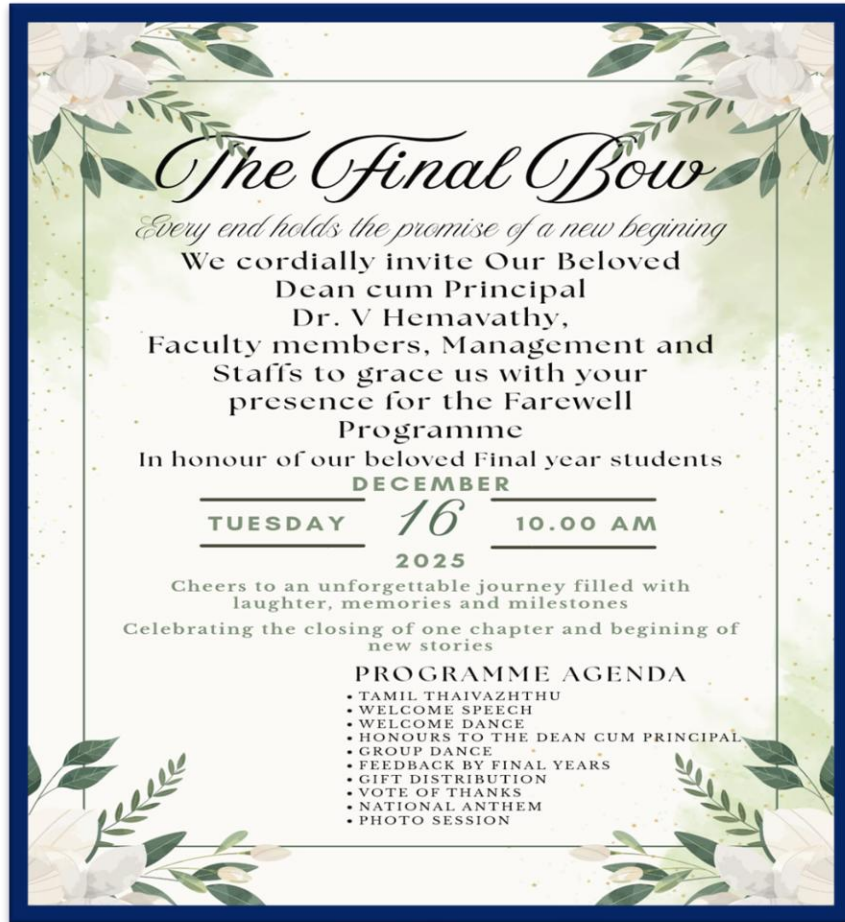
We students of 3rd year B.sc Nursing cordially conducted the farewell program on **16/12/2025 at 10:00** am in Sree Balaji College of Nursing auditorium .We thank our Dean cum Principal .Dr. V. Hemavathy for her guidance and support along with the coordinator Mrs. Ajitha Nancy Rani and Mrs. Saradha Devi , Mrs. AjithaKumari , Mrs.Dhanya k Vijaya, Mrs Bency Abraham, Mrs Dhatchayani M , Ms .Isabel Monika and Mrs. Aswini for their constant supervision as well as for providing necessary information and resources regarding the farewell function & also for their support in completing the event.

We would like to express our special gratitude & thanks to all faculty members from all departments and students of final year for giving us their support.

CIRCULAR

		Accredited by  NAAC NATIONAL ACADEMY FOR ACCREDITATION COUNCIL		Phone & Fax : 2241 6605
SREE BALAJI COLLEGE OF NURSING (Recognised By Indian Nursing Council, New Delhi and The Tamilnadu Nurses and Midwives Council) (Approved by Govt. of Tamil nadu and Affiliated to Bharath Institute of Higher Education and Research) No.7, Works Road, Chromepet, Chennai - 600 044.				
12.12.2025				
CIRCULAR				
On occasion of Farewell, the college has organized celebration on 16.12.2025 at 10.30 am in college Auditorium. All the Staffs and Students are intimated to participate in the program				
 PRINCIPAL				
(Dr. V. HEMAVATHY) Dr. V. HEMAVATHY, M.Sc.(N),M.A.,M.Phil.,Ph.D.(N), PRINCIPAL SREE BALAJI COLLEGE OF NURSING No. 7, Works Road, Chromepet Chennai-600 044.				
				

INVITATION



Chief Guest: Dr. V. Hemavathy – Dean/ PRINCIPAL , Sree Balaji College of Nursing

AGENDA

- Tamil Thai Vazhthu
- Welcome Speech
- Welcome Dance
- Honoring the Dean Cum Principal
- Group Dance
- Feedback by final years
- Gift Distribution
- Vote of Thanks
- National Anthem
- Photo session

**FAREWELL PROGRAMME:
TAMIL THAI VAZHTHU**



WELCOME SPEECH

WELCOME DANCE



HONOURING THE DEAN CUM PRINCIPAL



GIFT DISTRIBUTION



VOTE OF THANKS



NATIONAL ANTHEM



PHOTO SESSION



WORKSHOP REPORT

TITLE OF THE PROGRAMME: Workshop on “Good Nebulization Practices for Nurses: Effective & Evidence-Based Care”

DATE: 15th & 16th December 2025

VENUE: T.R. Raman Hall, Sree Balaji Medical College & Hospital, Chromepet, Chennai.

ORGANIZED BY: Sree Balaji College of Nursing, Bharath Institute of Higher Education and Research. (BIHER).

BATCH: 2024 - 2026

PROGRAMME SCHEDULE

DAY I (15/12/2025) AND DAY II (16/12/2025)

10.00 - 10.05 - AM - TAMIZHTHAI VAZHTHU
10.05 - 10.10 - AM - LIGHTING THE KUTHU VILAKU
10.10 - 10.15 - AM - WELCOME SPEECH
10.15 - 10.20 - AM - HONOURING THE RESOURCE PERSON
10.20 - 10.30 - AM - INTRODUCTION OF THE SPEAKER - 1
10.30 - 11.30 - AM- SESSION-I
11.30 - 11.35 - AM- HONOURING THE RESOURCE PERSON
11.35 - 11.45 - AM- INTRODUCTION OF THE SPEAKER- II
11.45 - 12.45 - PM- SESSION -II
12.45 - 01.05 - PM - LUNCH
01.05 - 01.10 - PM - HONOURING THE RESOURCE PERSON
01.10 - 01.20 - PM - INTRODUCTION OF THE SPEAKER -III
01.20 - 02.20 - PM - SESSION - III
02.20 - 02.25 - PM - HONOURING THE RESOURCE PERSON
02.25 - 02.35 - PM - INTRODUCTION OF THE SPEAKER - IV
02.35 - 03. 25 - PM - SESSION -IV
03.25 - 03.35- PM - HONOURING THE RESOURCE PERSON
03.35 - 03.50 - PM - VALEDICTORY FUNCTION AND CERTIFICATE DISTRIBUTION
03.50 - 03.55 - PM - VOTE OF THANKS
03.55 - 04. 00 - PM - NATIONAL ANTHEM



SREE BALAJI COLLEGE OF NURSING
NO.7, CLC WORKS ROAD CHROMPET CHENNAI-64
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH (BIHER)

THE PRINCIPAL, STAFF AND STUDENTS OF
SREE BALAJI COLLEGE OF NURSING
CORDIALLY INVITES YOU FOR THE
WORKSHOP
ON
"GOOD NEBULIZATION PRACTICES FOR NURSES:
EFFECTIVE & EVIDENCE-BASED CARE"

15 & 16 DECEMBER 2025

VENUE: T.R. RAMAN HALL
SREE BALAJI MEDICAL COLLEGE & HOSPITAL.

ORGANIZING SECRETARY
DR. V. HEMAVATHY M. Sc.(N), MA, M.Phil, Ph.D,
DEAN CUM PRINCIPAL,
SREE BALAJI COLLEGE OF NURSING,
BIHER.

1:12 pm

WARM GREETINGS
We cordially invite you for the **WORKSHOP** on the theme
"GOOD NEBULIZATION PRACTICES FOR NURSES:
EFFECTIVE & EVIDENCE-BASED CARE"

PATRONS
DR. S. JAGATHRAKSHAGAN , CHAIRMAN
DR.J. SRINISHA, M.D.S., TRUSTEE
ER.N. ELAMARAN, B.E MANAGING DIRECTOR
REGISTRAR
DR.S. BHUMINATHAN, MDS, Ph.D., REGISTRAR, BIHER.

DAY - I
**SPEAKER I- GOOD NEBULIZATION PRACTICES FOR NURSES:
EFFECTIVE & EVIDENCE-BASED CARE**
DR. S. SUBRAMANIAN, M.D.
RESPIRATORY MEDICINE, PROFESSOR,
SRM INSTITUTE OF SCIENCE AND TECHNOLOGY,
KATTANKULATHUR.

SPEAKER II- AI & DIAGNOSTICS IN RESPIRATORY MEDICINE
DR.V. HEMAVATHY M. SC (N), MA, M.Phil, Ph.D,
DEAN CUM PRINCIPAL,
SREE BALAJI COLLEGE OF NURSING, BIHER,
CHROMEPET.

**SPEAKER III- LATEST ADVANCES IN RESPIRATORY THERAPIES
(BIOLOGICS FOR ASTHMA, NEW TB DRUGS)**
DR. VASANTHA KOHILA K. R, M.Sc (N), Ph.D., PROFESSOR/HOD DEPARTMENT OF
COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

**SPEAKER IV- GLOBAL BURDEN OF RESPIRATORY DISEASES:
WHO UPDATES**
DR. JEGATHA. C. M. SC (N), Ph. D. PROFESSOR,
DEPARTMENT OF COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

DAY - II
**SPEAKER I- RESEARCH METHODOLOGIES IN RESPIRATORY
HEALTH**
MRS. TAMIZH KODI V. M.SC (N), PROFESSOR,
DEPARTMENT OF COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

**SPEAKER II- ENVIRONMENTAL POLLUTION & ITS IMPACT ON
RESPIRATORY HEALTH**
MRS. YASODHA V. M. SC(N), PROFESSOR,
DEPARTMENT OF COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

**SPEAKER III- RESPIRATORY FAILURE: TYPES, ASSESSMENT &
MANAGEMENT**
DR. VIJAYALAKSHMI K.S, M.SC (N), Ph.D., PROFESSOR,
DEPARTMENT OF COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

SPEAKER IV- AIRWAY SUCTIONING TECHNIQUES
MRS. UMA MAHESWARI S, M.SC (N), PROFESSOR,
DEPARTMENT OF COMMUNITY HEALTH NURSING,
SREE BALAJI COLLEGE OF NURSING.

1:12 pm

INTRODUCTION:

A two-day workshop on “Good Nebulization Practices for Nurses: Effective & Evidence- Based Care” was organized by Sree Balaji College of Nursing on 15th and 16th December 2025. The workshop aimed to enhance theoretical knowledge and practical understanding of nurses regarding nebulization practices, respiratory diseases, and evidence-based respiratory nursing care.

OBJECTIVES:

- To impart knowledge on correct nebulization practices.
- To update nurses on recent advances in respiratory care.
- To enhance skills in respiratory assessment and airway management.
- To promote evidence-based nursing practice.

WELCOME SPEECH



LIGHTING THE KUTHUVILAKKU



HONOURING



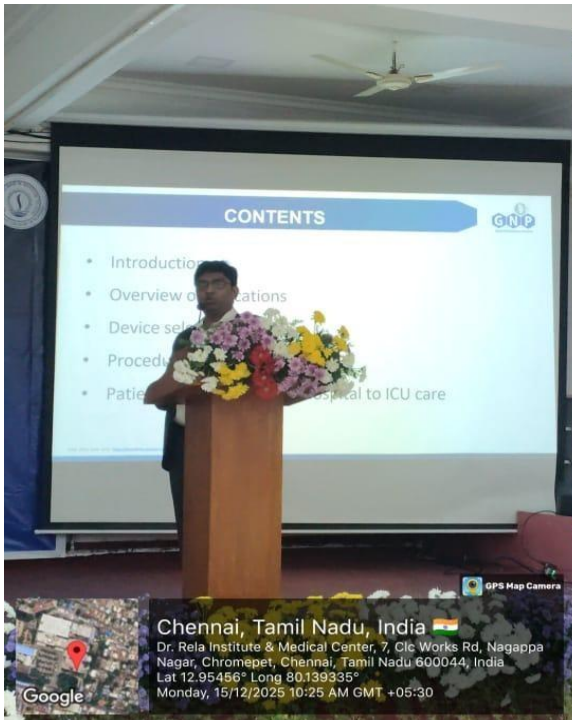
INTRODUCTION OF THE SPEAKER



DAY I – PROGRAMME DETAILS (15.12.2025):

Session I: Good Nebulization Practices for Nurses: Effective & Evidence – Based Care

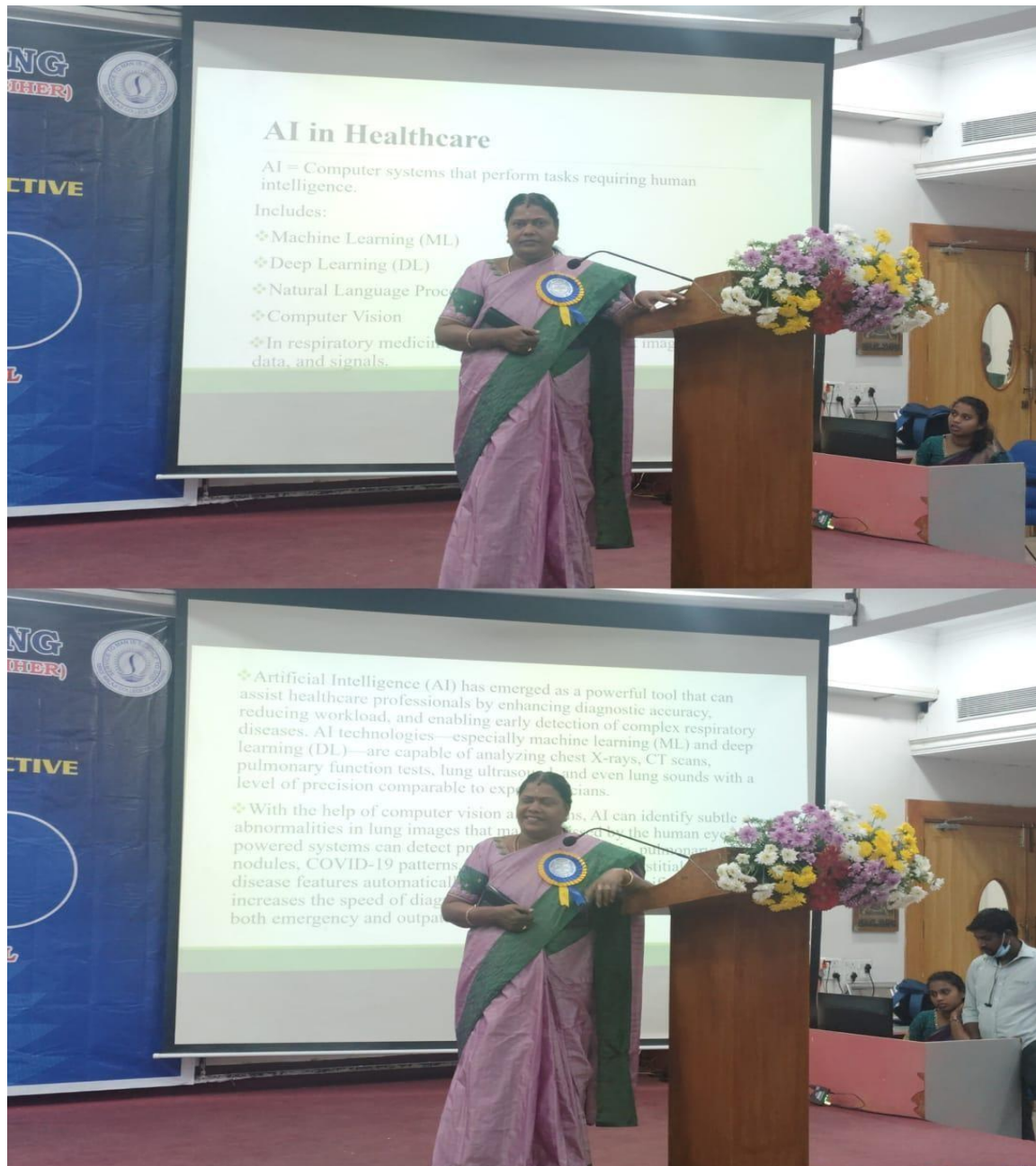
Dr. S. Subramanian, M.D, Respiratory medicine, Professor, SRM Institute of Science and Technology, Kattankulathur.



Focus on principles, indications, contraindications, and infection control.

Session II: AI & Diagnostics in Respiratory Medicine

Dr. V. Hemavathy, M.Sc. (N), MA. M.Phil., Ph.D., Dean Cum Principal, Sree Balaji College of Nursing, BIHER, Chromepet.



Role of AI in diagnosis and monitoring of respiratory disorders.

Session III: Latest Advances in Respiratory Therapies (Biologics for Asthma, New TB Drugs)

Dr. Vasantha Kohila K.R, M.Sc. (N), Ph.D.,

Professor/ HOD Department of Community Health Nursing, Sree Balaji College of Nursing.



Biologics for asthma and new TB drugs.

Session IV: Global Burden of Respiratory Diseases WHO Updates

Dr. Jegatha C, M.Sc. (N), Ph.D., Professor,

Department of Community Health Nursing, Sree Balaji College of Nursing.



Epidemiology and prevention strategies.

DAY II – PROGRAMME DETAILS (16.12.2025):

Session I: Research Methodologies in Respiratory Health

Mrs. Tamizh Kodi V, M.Sc. (N), Professor,

Department of Community Health Nursing, Sree Balaji College of Nursing.



Research designs and evidence-based practice.

Session II: Environmental Pollution & Its Impact on Respiratory Health

Mrs. Yasodha V, M.Sc. (N), Professor,

Department of Community Health Nursing, Sree Balaji College of Nursing.

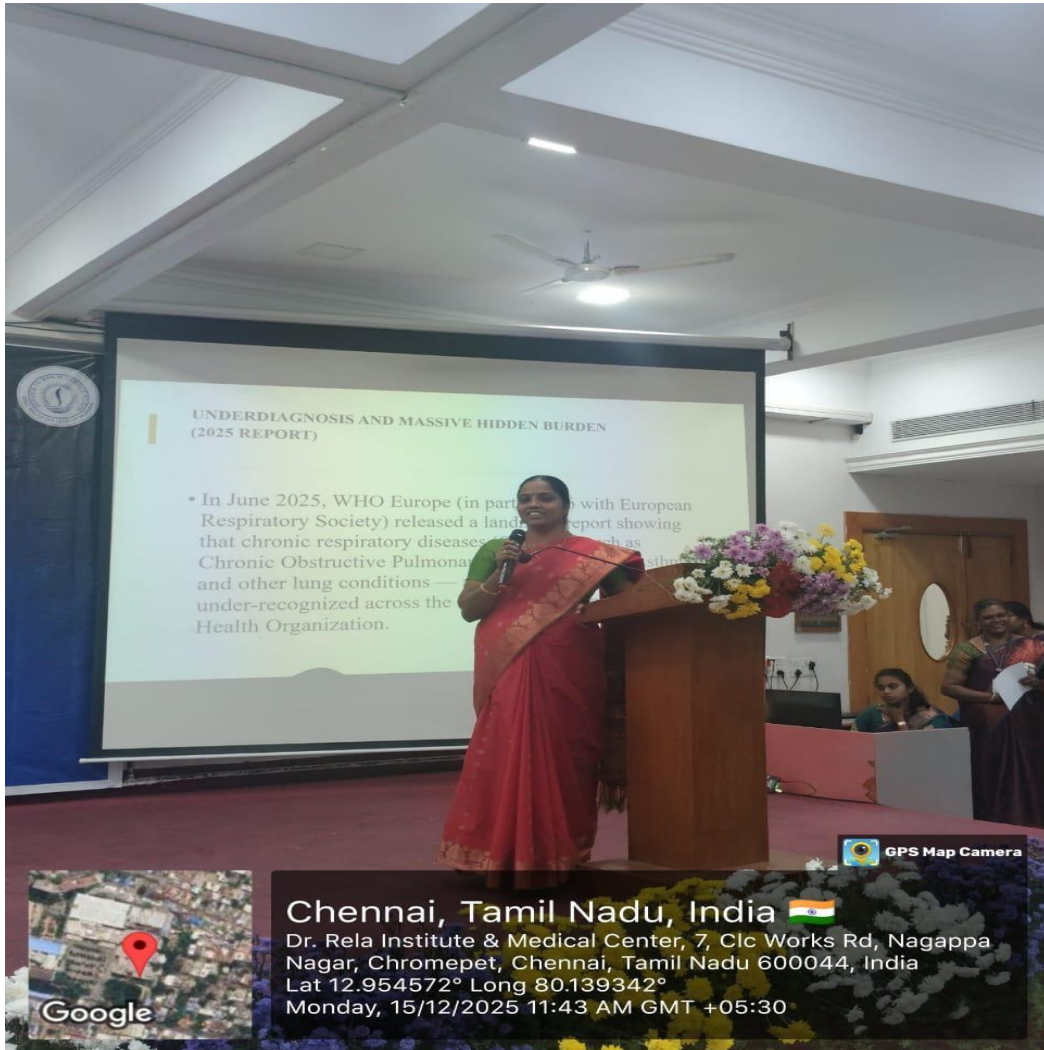


Impact of pollution and preventive measures.

Session III: Respiratory Failure Types, Assessment & Management

Dr. Vijayalakshmi K.S, M.Sc. (N), Ph.D., Professor,

Department of Community Health Nursing, Sree Balaji College of Nursing.



Session IV: Airway Suctioning Techniques

Mrs. Uma Maheswari S, M.Sc. (N), Professor,

Department of Community Health Nursing, Sree Balaji College of Nursing.



Procedure, indications, and complications.

CERTIFICATE DISTRIBUTION



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VOTE OF THANKS



NATIONAL ANTHEM



CONCLUSION:

The workshop enhanced professional knowledge and clinical competence in respiratory nursing care.



